

President's Report

As the U3A Manningham year is now in its last few weeks, I hope that our members have had a worthwhile and enjoyable time together and trust that you are all looking forward to enrolling for 2020 classes. The 2020 courses have been available on MyU3A for some weeks and our 2020 Courses Brochure can be collected from the office.

Thanks to our tutors for giving us a great variety of classes for 2019. And to all the volunteers who supported U3A Manningham throughout 2019 in many and varied roles, may I say thank you for a job well done.

The membership fee for 2020 will remain at \$70. There will be an additional class fee for two classes held in external venues. Please see the Membership Renewals and Class Enrolments Report (pages 2 and 3) in this newsletter for details.

The Committee of Management has focused this year on containing the costs of external venues for 2020. I would like to thank the COM members and the many tutors who have worked hard to achieve an excellent result.

You will recall that the Pines Function Room had not previously been included in the Manningham Council lease and we have had to pay rent whenever it has been used. I am pleased to advise that arrangements incorporating the Pines Function Room into the Manningham Council lease for three full days per week are likely to be concluded later this year or early next year. This should further reduce our accommodation costs.

As always, we are looking forward to welcoming new members to U3A Manningham in 2020 and I would ask that we all take an active part in this process. Even though a few places in some popular classes are kept for new members, those new members often cannot enrol in the one or two classes that were top of their wish list because our current members got in first. We can all spend some time helping these new people with their first enrolment. Encourage them to enrol in at least one class initially (perhaps one they had not thought of), explain how our wait list and priority system works, and that enrolment in their second year will be easier. Remember, we do not advertise for members as we rely upon our members to do our advertising.

We are now completing twelve years at The Pines. The building still serves us very well indeed and I would like to make even more use of this excellent facility in the future.

Thanks for an excellent year and a Merry Christmas and a Happy New Year to all members.

David Jensz, President



Membership Renewals and Class Enrolments

We have managed to avoid external venue fees for most classes next year by moving classes to The Pines, having a better arrangement with the Council for the PFR, and using lower or no-cost venues. There are fees for only two classes for next year; both are Badminton classes which play at excellent, but unfortunately expensive, venues. The extra fee for each Badminton class next year is \$40 per class per year. This covers part of the cost of the venue.

Payment of 2020 membership fees

The membership fee for 2020 remains at **\$70**. Payment of membership fees (new or existing members) can be made either online or in person:

1. Online from 13 November

Paying online is easy. When you click on the **PayPal** button, you are transferred to the PayPal system where you can pay the fees (already calculated for you) either through your PayPal account (if you have one) or by your credit or debit card. Within a few seconds of completing the transaction, you will be automatically returned to MyU3A. The whole process takes place in a secure environment where all data transmitted over the Internet is encrypted (not being able to be read by anyone intercepting the message).

2. In person, only on the following days, in Room 1

- Wednesday, 13 November from 1.30pm to 3.30pm
- Thursday, 14 November from 3.00pm to 4.30pm
- Monday, 18 November from 12.15pm to 3.30pm
- Wednesday, 20 November from 1.30pm to 3.30pm

Please note: For in-person payments, timeslots **must** be booked and the office is taking bookings from Wednesday, 6 November to Tuesday, 12 November. Anyone showing up without a booked timeslot may not be able to be assisted.

Class enrolment dates for 2020

Priority Level 1: From 20 November for both in-person* or online. (Online from 6.30am)

Priority Level 2: From 27 November for both in-person or online. (Online from 6.30am)

Priority Level 3: From 28 November for both in-person or online. (Online from 6.30am)

Priority Level 4: From 2 December for both in-person or online. (Online from 6.30am)

Open enrolment (existing or new members): From 3 December for both in-person or online. (Online from 6.30am)

* Bookings are required for Priority Level 1 in-person class enrolments. You may book at the office at any time from 13 November. Priority Level 1 in-person enrolments will be processed in the back office.

However, bookings are not required for in-person class enrolments for any other priority levels - just turn up on the appropriate date for your level. You will be given a numbered ticket and enrolments will be in ticket order. You will be directed to the appropriate room.

Priority enrolment levels

Priority enrolment levels will be displayed on the notice board and the website prior to enrolments beginning. Remember that priority levels only give you the right to enrol in classes earlier than other members of lower or no priority. If you defer your enrolments to a later date, you get no more priority than anyone else who is permitted to enrol on that date.

Membership Renewals and Class Enrolments (Cont'd)

What is your Priority Level?

If you have a priority level, it will show in your online profile. When you login online, you will see a line about half-way down showing **Priority Score**. If you do not see that line, you do not have a priority score recorded which means that you will enrol from 3 December. If you do have a priority score, you can work out your enrolment priority level by subtracting the score shown from 5: for example, if your score shows 3, your priority level is (5-3) which is 2, so a score of 3 means priority level 2.

Paying for classes that attract a fee - Badminton or Badminton for Fun - \$40

Be aware that you will not be able to enrol for any class until you have paid your membership fee. You can pay your membership fee and enrol in your classes of choice (including Badminton) either online or in-person. However, the \$40 Badminton fee must be paid in person at the office. The purpose of this is to ensure that all Badminton class members receive a receipt as proof that they have paid the class fee.

If you are put on the wait list for Badminton, you will only be charged the fee when you are accepted into the class.

Enrolment limits

Again, this year, in an attempt to give all our members the chance to enrol in the classes they desire, the maximum number of classes in which a member may enrol has been restricted to **five**. This restriction will be lifted after 14 January, thus opening up any classes with vacancies to all members. The restriction to five classes does not change the restrictions on individual classes; for example, one strength training class per member.

Members who wish to enrol in more than five classes will be able to enrol in further available classes after 14 January when the restrictions are lifted.

New members

In an effort to attract new members:

1. A person enrolling for the first time for 2020 is given the bonus right of enrolling in any available 2019 classes. Many classes will not take new members at this time of year but there are those that will. In particular, most Summer School classes are still available and new members may join any of these by paying the \$10 Summer School fee and the particular activity fee, if any, for the chosen activities.
2. Again, this year, 10% of places in the most popular classes are being reserved for new members. Once the 10% has been reached, this advantage to new members ceases.

Those classes that have 10% of places reserved for new members can be viewed by clicking here: <http://u3amanningham.org.au/docs/ClasseswWthReservedPlacesForNewMembers.pdf>.

Assistance in enrolling online and paying by PayPal is available by clicking here: <http://u3amanningham.org.au/docs/MembershipEnrollingOnlineAssistance.pdf>.

Please send any questions regarding enrolments to enrolmenthelp@u3amanningham.org.au.

Warwick Wright

The Golden Quill – Launch of Volume 6

How fortunate we are to have this superb organisation to allow us to continue to explore ideas and discover new gifts. We, at The Written Word, are excited to announce that our 6th volume of *The Golden Quill* was launched by author, tutor of art, and U3A member, **Lisbeth Wilks**, on Wednesday, 30 October.

Lisbeth spoke to us of her writing experience and showed such sensitivity in reviewing our latest Golden Quill that we knew we were hearing from someone who'd done the hard yards herself. Lisbeth is one of those busy people who seems to find time to encourage others to fulfil their dreams. Thank you, Lisbeth, you are a treasure! You might like to whet your appetites by using Google to find out more about what Lisbeth does.

We are grateful to **Richard Davis**, and the writers from Creative Writing, and to **Mary Edgar** and her poets who have contributed to this book. We have had such wonderful support throughout the publishing of all six books. Thank you to those who helped make our launch day successful. **Graeme Martin** and his team, and **Elaine Campbell** and her catering staff worked tirelessly to contribute to a lovely afternoon. **David Jensz**, as always, gave of his time to warmly welcome our guests. We were delighted that Manningham Councillor **Anna Chen** was able to attend.



Lisbeth Wilks



David Jensz, Lula Black, Lisbeth Wilks,
Trish Taylor and Cr. Anna Chen

If you haven't noticed our beautiful banner in the front area as you enter the building, do make a point of doing so. **Andrew Black**, with his technical skills, created this appealing cover for Volume 6. We're excited! Can you feel it?

Our launch is always an occasion to meet with other members, to enjoy listening to our guest speaker, who takes us through the writing experience and tells us about his or her experiences of being a published author, and then to imbibe a few drinks and delicious food.

The book will make a delightful Christmas gift for only \$10 a copy. All earlier volumes are \$5, and if you would like a package of 4 previous volumes, you can buy that for \$15. If you didn't make it to the launch, the books will be available from the office. This price enables us to work towards another book and isn't that what we are all here for: a challenge to continue to be involved, to meet new friends and to just enjoy the years we have?

Lula Black and I have enjoyed the many years we have had together tutoring The Written Word and we are grateful to **Hazel Boss**, who has assisted us with editing and to **Jill Curry** who, in the past, gave many hours to edit the story contributions. Our writers spend two years workshopping their stories and we are all proud of the outcomes. A special thank-you to all those who came and added their encouragement by being there.

To all those who have bought our books----Good on ya! For all those who are interested in exploring what we offer---Good on ya, too!

Lula Black & Trish Taylor, Tutors

Dr Ron Myerscough

Dr Ronald (Ron) Myerscough died on 19 July 2019. From 2005 to 2014, Ron and his wife, Joan, generously offered CPR (cardiopulmonary resuscitation) lectures and workshops for our members.



Ron was talented, energetic and committed to medicine. He qualified as a pharmacist and then studied medicine.

It is hard to believe that Ron delivered over 700 babies as a G.P. There were fewer specialists during Ron's early days in general practice. In Greensborough and Montmorency, it was more like a country practice and, as Ron said, "You had to do everything yourself".

Local and overseas communities have benefited from Ron's contribution. Ron was committed to the ideals of Rotary for 50 years and was honoured as a Rotary Paul Harris Fellow. In particular, he supported, both physically and financially, the Polio Plus Program which aimed to eradicate polio from the world.

Both he and Joan, in conjunction with the Rotary Club of Greensborough and the Rotary Club of Bangkok, Thailand, supported fitting out a mobile, fully equipped dental clinic along with the essential compressors. They travelled with many Thai volunteer dentists to carry out necessary dental care on children of all ages, including babies, to the remote villages in the mountains surrounding the town of Nam Phong on the Thailand, Laos, Cambodian borders.

Ron was born during the Great Depression and lived with his family in Coburg. His father was a fitter and turner who also had an interest in the arts, particularly opera. His parents supported his talents and he learnt the piano as a child and became the organist at his church at just 16 years of age. He also enjoyed playing sport, especially tennis and cricket.

Music also played a part in the CPR program that Ron and Joan initiated for our U3A. The Bee Gees 1977 hit song 'Staying Alive' was played and those who attended will not forget the rhythm and regular beat of that rollicking song. They taught approximately 500 members the basics of CPR. It was Ron's hope that CPR training would continue at U3A Manningham.

Tanya Gogorosis

What a Wonderfully Diverse Mob We Are!

Of the 1750 plus members of U3AM this year, 51.2% (nearly 900) are Australian born. That means that 48.8% (about 850) were born in 20 different countries and now call Australia home. The largest number of those born overseas come from Malaysia, followed closely by the United Kingdom, but we have members from all around our wide and wonderful world.

As well, our members come from 83 different postcodes. Three-quarters live in the City of Manningham. But our members come from as far away as Aspendale, Chirnside Park, Glenroy, Hartwell, Kilsyth, Lilydale, Mulgrave, Roxburgh Park, Sassafra, Seaford and Tecoma.

Here's a small example: Of the three members who comprise our newsletter team, one was born in the United Kingdom, one in Malaysia and one in Australia.

David Jensz

Office Report



We are approaching the end of another year at U3A and I want to thank everyone who has contributed to the successful running of our office. I hope you are all looking forward to volunteering again next year.

One of the things I often hear from members is, "But I didn't know, why wasn't I told?" Over 1700 members have their email addresses registered with U3A and this is the main way in which we communicate with you. Unfortunately, some members do not actively use their email and therefore do not check for messages.

If you have been on a waiting list for a class and a place becomes available, your name is moved from 'waitlist' to 'enrolled' and an email is sent to advise you of this. A tutor can now contact all the members of their class by sending just one email. This is a great way to advise members of a class update or maybe a cancelled class due to illness. If you don't check your email regularly you may be missing out on some valuable information. Please check your 'junk mail' or 'spam' as well because sometimes messages can appear there.

It is essential that you wear your name badge at all times at U3A and make sure that the emergency information on the back is current and legible. Also, if your name tag has become illegible, please order another one at the office. There is no charge to replace the name card only.

This year, the dishwasher has been out of order at least three times. This is very frustrating and costly. Tea and coffee are available for all U3A members free of charge but it is important that we look after our equipment as if it is our own. This includes ensuring that plastic cutlery, broken cups or cracked glasses are not put into the dishwasher!

I look forward to seeing you all in 2020.

Robyn Buttlng, Office Manager

Volunteering for 2020

Soon you'll be poring over the list of classes being offered next year and designing a timetable for yourself.

You will also have the chance to consider the contribution you'd like to make in response to what the tutors and all the other volunteers are providing to you.

When an organisation runs as smoothly and pleasantly as U3AM, it can be easy to forget that NO ONE is paid to do any of the work that makes it all happen.

We, at Manningham, are fortunate to have a system of volunteering that offers a wide choice of specific tasks to suit members' varying interests, experience, skills and availability.

Volunteers are valued, acknowledged, well organised and well supported. Most volunteers really like what they do and enjoy their involvement with others who are similarly generous of spirit.

We want you to share this satisfaction with us, so do mark one or more volunteer boxes when enrolling.

Best wishes for your year at U3A in 2020,

Heather Ambrose, Volunteer Coordinator

A Discourse With My Father About Snow

A long time ago when I was young ... Did I hear someone say “These words sound like the lyrics for a song”? (I did not use the word ‘yesterday’ because it was a time much earlier than the day before today!) Anyway, my recollection here is taking me back to when I was a young lad. I wanted to paint a landscape of *The Cattleman’s Hut*.



The cattleman’s hut was a resting place for cattlemen when cattle were allowed to roam in the Mt Hotham area. I have always been enchanted by old buildings. This one made a distinctive impact with its red painted galvanised iron against the white snow and the cloud formation above the mountain top view. I used as reference a picture in the “Australasian POST” magazine dated 6 December 1962.

My father was an artist and he would always give me encouragement. I started to do the features of the vista but when I got to the snow I realized a huge limitation in my ability. I recall how I complained to him about how flat and uninspiring my depiction of the snow was during my first attempt at placing it on the landscape. He looked at it and said, “Snow is not just white - it has many colours due to reflections. It can have red, purple, blue, grey, and brown depending on the colours around the nearby surfaces”. He showed me by painting on the bottom right side corner. All of a sudden, he inspired me. I knew what to do! My Dad, my mentor, opened the way! I was able to finish all of it in a way that made me satisfied.



The Cattleman’s Hut by Wilmore Bajada

Some time later, I learnt that the actual cattleman’s hut is no longer in existence. It was burnt down in a fire. It is a pity to have lost that red hut which was visually striking within its panoramic environment. I am pleased to say I still have the painting to help me remember.

Wilmore (Wil) Bajada, Tutor , Painting with Oils

Dr Laurence Simpson, OAM, MD, BS, FCCP, FRACS



Dr Laurie Simpson passed away on 30 September. Laurie was the tutor for History of Medicine from 2004 to 2011. His classes were very popular, most informative and always gave members much to think about.

Laurie trained as a thoracic surgeon in the late 1950s and took a particular interest in tuberculosis. In 1959, as a very young surgeon, he took up a position in South Korea where he established a thoracic department in a large hospital. Laurie spent most of his working life in large Melbourne hospitals. He kept up his teaching and administrative work at The University of Melbourne until just a few years ago. Interestingly, in later life, he even held a position in a North Korean hospital!

Laurie made extremely good use of his vast medical experience here and overseas in his classes. His classes were even more interesting as he mixed medicine with history, politics, art, literature and current affairs. There was something for everyone. He continually told us that we were lucky to be living in the twenty-first century as he often described how modern-day illnesses were treated in the past, often until only a few years ago. For instance, President Franklin Roosevelt had very high blood pressure but wasn't given any medication for his condition because no medication for high blood pressure existed at the time of his death in 1945.

We were indeed fortunate to have Laurie Simpson as a tutor for so many years.

David Jenz

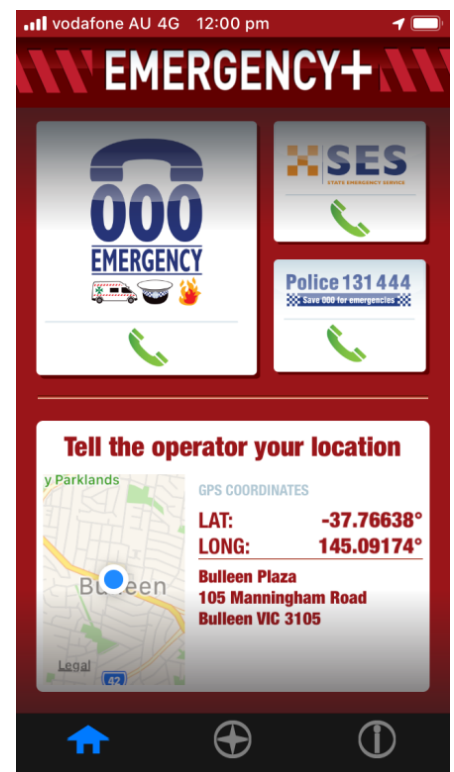
This App May Save a Life

The **Emergency+** app is a free app developed by Australian emergency services and their Government and industry partners.

The app uses GPS functionality built into smart phones to help a triple zero (000) caller provide critical location details required to mobilise emergency services.

If you are in an emergency situation and need assistance for ambulance, fire or police by dialling 000 from the app, the operator will ask for details including your location. The blue spot on the map's app is your location. To the right of that are the GPS coordinates (latitude and longitude) as well as the address of where you are. This accurate information will enable the emergency service to reach your location faster.

An interesting aside is that this app was on my iPhone when I was recently in Scotland. We went for a walk from the hotel without a local map, wandered into a university close by and became lost. The blue circle on the Emergency+ map showed where we were and enabled us to find our hotel on the map and walking in the right direction, the blue dot took us back to the hotel.



Ken Hosking, Mobile Phone Tutor

Curriculum Report



I would like to thank the Curriculum Team members, tutors, assistant tutors, class representatives and deputy class representatives who have contributed their time and expertise to run the courses and activities smoothly for 2019.

As a number of tutors will retire at the end of this year, some courses will not be offered in 2020. However, in some other courses, we are lucky to have new tutors who can replace those retiring. New courses will also be offered. I would like to take this opportunity to thank all the retiring tutors for their contribution.

New Courses for 2020 are:

- Pilates (Gentle)
- Psychology
- French Continuation
- Piano for Beginners
- French for Raw Beginners
- Rummikub

Classes where new tutors will replace retiring tutors:

- Spanish Conversation
- Music Theory
- Strength Training Group B
- Walking for Exercise Tuesday
- Australian History

Many thanks to our retiring tutors:

Des Thorton
David Miller
William Eberbach
Peter Cook

Tom Heyhoe
Barbara Hall
Loraine Padgham
Judith Dall'Oste

Dianne Brettargh
Carmen Woodward
David Duerden

Milly Ching, Curriculum Coordinator

Helping MannaCare Residents Write Their Biographies

MannaCare is a community care and residential aged care organisation in Manningham.

As a volunteer at MannaCare, I received details of a new program from Tanya Warms, the Volunteer Coordinator, that might be of interest to U3A Manningham members.

Tanya wrote, "To enhance our person-centred approach, MannaCare is going to start a mini-Biography service for our residents".

If you would like to be involved, your role would be to interview residents and/or family members to obtain information about their lives. Then, with the help of staff, put together the information into a finished product.

Life story biographies have been very popular in the past several decades in various parts of the world. The biographical approach acknowledges the rich past and the contribution that older people have made to our society. In turn, this living tribute helps to improve the well-being of the resident (and family).

Please contact Tanya Warms if you would like to volunteer to assist MannaCare residents to write their biographies. MannaCare is situated at 371 Manningham Road, Doncaster and Tanya can be contacted on 9856 1260.

Richard Davis, Tutor, Writing: Creative

Celebrating the End of the U3A Manningham Year

At U3A Manningham, the year ends with the presentation of class work and other activities by class members.

Artistic Showcase - Wednesday, 20 November

The Artistic Showcase will be held in the Function Room from 10am to 3pm, exhibiting works that will inspire and creations that will please the eye.



All welcome.

Buffet luncheon available in Room 16 from 11am to 2pm.



uniFEST

uniFEST2019 - Thursday, 28 November

From 12 noon to 3.30pm, uniFEST2019 will make the Function Room reverberate with the sound of music, mirth and merriment and with much foot-tapping as class members participate in a display of their talents and expertise.

All welcome.

Buffet luncheon available in Room 16 from 11am to 2pm.

2019 Over 'n' Out

During 2019, there were 10 occasions where U3A members volunteered for catering duties and made the activity very successful and enjoyable for other members.

'Thank You' luncheons were held for tutors, administration volunteers, class reps, office volunteers, and for members who will be attending the Artistic Showcase and uniFEST2019 in November, buffet luncheons await!

New members to U3A are welcomed each year with a morning tea and this year too, the Writing Group launched their class project book: *The Golden Quill, Volume 6*.

Over 476 members work throughout the year on catering tasks: planning the requirements for each function; supplying food for each event; food preparation and service; setting up and cleaning up. Our sincere thanks go to each and every one of the volunteers as they create a friendly atmosphere and an activity that is a pleasure to attend.

This is another important step in the building of U3AM as an entity within the community where members have ownership of their organisation.

A big 'THANK YOU' to all 2019 Catering Volunteers.

Elaine Campbell, Lorraine Smith, John Caine, Graeme Martin.

Newsletter Contributions

We are always pleased to receive your contributions to our newsletter which may be sent to me at jillian.gange@optusnet.com.au or put into my pigeonhole. The deadline date for the next newsletter is 14 February 2020. Please ensure that all contributions contain your name and contact details.

Jillian Gange

Calendar of Events

Term 4, 2019 & Term 1, 2020

The calendar is available on our website.)

TERM 4, 2019

| | | |
|------------------------|--|--------------------|
| Monday, 7 October | TERM 4 commenced (8 weeks) | |
| Tuesday, 5 November | MELBOURNE CUP DAY | |
| Monday, 18 November | Committee of Management meeting (Rm 8) | 1.30pm |
| Wednesday, 20 November | Artistic Showcase | 10.00am - 3.00pm |
| Thursday, 28 November | uniFEST 2019 | 12.00noon - 3.30pm |
| Friday, 29 November | TERM 4 finishes | |

FOR 2020 MEMBERSHIP PAYMENTS AND ENROLMENT DATES - REFER TO PAGE 2

SUMMER SCHOOL - JANUARY 2020

Tuesday 7, 14, 21 and 28
 Wednesday 8, 15, 22 and 29
 In addition, Going Places will be held on Tuesdays and Thursdays

TERM 1, 2020

| | | |
|------------------------|--|--------------------|
| Wednesday, 29 January | Office opens | 9.00am |
| Wednesday, 29 January | Office Training (exp.) (Rms 13-14) | 10.00am -11.00am |
| Wednesday, 29 January | Office Training (new) (Rms 13-14) | 11.30am -12.30pm |
| Thursday, 30 January | Migrant English Tutors (Rm 14) | 11.30am -12.30pm |
| Thursday, 30 January | Tutors Meeting (PFR) | 12.00noon - 3.00pm |
| Friday, 31 January | Orientation Day (Rms 13-14) | 9.30am - 11.30am |
| Friday, 31 January | Office Training (exp.) (Rms 13-14) | 12.00noon -1.00pm |
| Friday, 31 January | Office Training (new) (Rms 13-14) | 1.30pm - 2.30pm |
| Monday, 3 February | TERM 1 commences (8 weeks) | |
| Friday, 14 February | Newsletter Deadline | |
| Monday, 17 February | Committee of Management meeting (Rm 8) | 1.30pm |
| Wednesday, 19 February | Office Training (exp.) (Rm 13) | 3.00pm - 4.00pm |
| Wednesday, 19 February | Office Training (new) (Rm 13) | 4.15pm - 5.15pm |
| Thursday, 27 February | Class Representatives Meeting (PFR) | 1.30pm - 2.30pm |
| Monday, 9 March | LABOUR DAY HOLIDAY | |
| Monday, 16 March | Committee of Management meeting (Rm 8) | 1.30pm |
| Thursday, 19 March | ANNUAL GENERAL MEETING (PFR) | 12.15pm - 2.30pm |
| Friday, 27 March | TERM 1 finishes | |

(Break –2 weeks)

PFR - Pines Function Room

The Newsletter

Editorial: Jillian Gange, Liew Staras, Frances Langdon; Website Manager: Kevin Chan;
 Distribution: Warren Trompf, Kathleen Caffry and Robyn Lamprecht.

Information contained in this newsletter was correct at the time of publication. U3A Manningham makes no guarantee that the information contained in the newsletter is always accurate.



MISSION STATEMENT

Our mission is to provide accessible and affordable educational, cultural, physical and social opportunities appropriate to the needs of retired and semi-retired people.

