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## **Dr Jim Poulter – Recipient of Manningham’s Key to the City**

The Manningham Council Chamber’s Gallery was filled with family and friends on 24 April when **Dr Jim Poulter** was presented with Manningham’s Key to the City by the Mayor, Cr Andrew Conlon.

Because of Jim’s important work with Reconciliation Manningham, as a social advocate, and as a U3A Manningham tutor, he was bestowed with one of the City of Manningham’s highest honours.

In presenting the award, Cr Conlon noted the significant contribution that Jim has made to the reconciliation movement, both locally and statewide. He has worked closely with Aboriginal Elders and Indigenous organisations to produce educational material on Aboriginal history and cultural practices including publishing 25 books, several of which are Aboriginal-themed children’s books.

As a member of Reconciliation Manningham, each year Jim has conducted 50 to 60 walks and talks for schools, community groups and the wider public, on significant local Aboriginal sites, historic events and figures.

Jim is highly valued by teachers and educationalists and is often called upon to inform curriculum content on our Aboriginal history, heritage, culture and land use practices.

As well, Jim was a founding member of Doncare and the Manningham Community Health Centre. He was also a Councillor of the City of Doncaster and Templestowe in the 1980s.

Jim’s working life was spent in the social work profession and he has held many formal leadership roles within the Australian Association of Social Workers.

U3A Manningham is proud that Jim has been our tutor in ‘History - Aboriginal and First Contact’ since 2013. The course gives participants a unique insight into the clash of cultures that occurred in our first contact history.



*Dr Jim Poulter (right) with Cr Andrew Conlon*

**Bridget Halge and Jillian Gange**

# President's Report

Although we are only just over half way through our year-long activities, we are already working on next year's program. Existing and new tutors have submitted their proposals for 2019 and the timetable has been organised.

We are fortunate to have so many enthusiastic members ready to share their skills, experience and expertise with us and I would like to thank all of our tutors for their continued support and invaluable contribution.

## Awards

At the end of July, a Tutors Luncheon took place at which a number of long service awards were made. 24 tutors received certificates of long service ranging from 5 years to 25 years. Congratulations especially to **Jan Palmer** and **Linda Chin** who have been offering classes for 25 years - only 2 years short of the lifespan of our U3A. It is extremely heartening and encouraging to see tutors returning year after year and it underlines the success of the fundamental U3A principles of cooperation and partnership.



A Distinguished Service Award was also made to **Tanya Gogorosis** in recognition of her major contribution to the organisational structure and management of our U3A. It is, in a large part, thanks to her hard work and unceasing dedication that we have a smoothly functioning system of operational procedures in the core area of Curriculum organisation.

## Seniors Week

Celebration Day on Sunday, 7 October marks the beginning of Seniors Week. As in previous years, U3A Manningham will have a marquee in Federation Square with a display of many artistic and creative pieces produced by our members during the current year. As well, members will be demonstrating their skills and engaging with those visitors who are curious to know more about us. It is usually a very agreeable day and I would encourage members to come and enjoy a great day out in the spring sunshine.

## Summer School

Summer School will take place in January 2019. A separate article detailing dates and enrolment procedures appears later in this newsletter.

## Doncare

Many thanks to all our members who donated last term to Doncare. Once again, your generous donations showed a high level of concern and empathy. Doncare acknowledges and thanks you most sincerely for your continued support of the important work that it does.

## And finally...

There has been a lot of research published recently in the context of epidemiological (the branch of medicine which deals with the incidence, distribution, and control of diseases) studies exploring age concepts complementing those of chronological or calendar age. "Subjective age", it would appear, is now the officially accepted scientific jargon for what, for years, we have all been referring to as "You are as old as you feel...". All they had to do was ask any U3A member!

**Geoff Sheldon, President**

# 2018 First Half Year Financial Results

In response to concerns expressed, I am pleased to be able to present our first half year financial results for 2018. Please click on this link to access those results

<http://u3amanningham.org.au/docs/2018FirstHalfYearFinancialResults.pdf>.

The results show that our spending for the first 6 months of the year is virtually lineball at 51% of the full spending of last year: \$82,246 to \$161,038.

On our primary source of income, we had an increase (from \$98,555 to \$124,780) of \$26,228 resulting from the membership fee increase of \$10 and a number of donations from generous members in 2018.

Whilst we look on track to meet our budgeted position, we must continue to focus on our cost containment measures to ensure the forecasted operational deficit of \$10,800 is not exceeded. As you will see from our President's article 'Not-for-Profit - But Also Not-for-Loss!' below, we are seeking ways to ensure that our organisation remains viable and able to operate as we would all wish.

At the present time, we continue to be in a cash flow positive position and are in good financial standing to meet the challenges of the future, and reap the benefits of opportunities presented.

John Liew, Treasurer

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## Not-for-Profit – But Also Not-for-Loss!

Manningham U3A Incorporated is registered as a not-for-profit association. We do not aim to make a profit but, at the same time, we do not aim to make a loss. Unfortunately, that is precisely what our organisation now finds itself doing.

The main reason for this is that we have become a victim of our own success. In growing to become the second largest U3A in Victoria, we have expanded far beyond the confines of the building at The Pines. In order to meet the demand for our activities, we have accepted the additional burden of hiring a large number of external venues. In recent years, the rental costs of these external premises have increased to such an extent that we need to find an additional source of income.

After much consideration and discussion, the Committee of Management has decided to introduce an additional levy of **\$15 per annum** for each of those classes that take place in premises for which we have to pay a hire fee in addition to the annual rent for The Pines building. Included in this list is The Pines Function Room for which we pay additional rent to Manningham City Council on an hourly basis. There will inevitably be some regrettable, but unavoidable, anomalies where classes that take place at The Pines are duplicated in external premises, which will attract the levy for those members who choose that class rather than the one at The Pines.

There are, of course, alternative solutions:

1. We could increase the annual fee. You may remember that in the May 2018 newsletter I asked members to let the Committee of Management have any suggestions for dealing with our increased expenditures. Although we received a considerable number of suggestions, not one recommended an increase in the annual membership fee. However many members did, in fact, suggest a return to the principle of charging an extra fee for certain classes, a system which prevailed previously in our history.

## Not-for-Profit – But Also Not-for-Loss! (Cont'd)

2. We could reduce the number of activities that we have in our program, offering only those classes that can be accommodated within The Pines building (with no usage of the PFR). The Committee of Management takes the view that the role of our U3A in the community is of such social value and such benefit to personal health that it would be unethical to limit our numbers to only those who would be fortunate enough to get into the severely limited number of activities that could be made available at The Pines.

The stark choice is this: if we choose to prioritise offering the widest and greatest number of activities, we must find ways of paying for them. If we choose to prioritise costs and expenditure, we must reduce the total number of members considerably. In the end, it will be the members who make that choice for themselves at the time of enrolment.

By introducing what we consider to be a reasonable and modest scheme, we can return to solvency and a healthy financial position. The Committee of Management sincerely hopes that you will agree.

Geoff Sheldon, President

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## Betty Wortley – 100 Years Birthday Celebration

It is with pleasure that I write a short paragraph about a very special, gentle lady and member of the U3AM Friday Card group. Betty turned 100 years of age in early April and our group was delighted to have a surprise afternoon tea party with a special cake, lace tablecloth and English china after playing cards on the last day of Term 1.

Betty enjoys the challenges of playing Bolivia both at U3AM and with a group near her home in Eaglemont. Her memory never ceases to amaze us all; her attention to what has gone before and what still should be in the pack is amazing. Betty's daughter, **Carol Dyer**, also a U3AM member, brings her weekly to Doncaster, regardless of the weather.

Betty enjoys good health and an independent life, still taking care of some of the cooking and daily home routines, together with keeping in close contact with her family and friends.

Congratulations to a truly gracious and kind lady.



*Tutor Jo Kelly (in red) standing beside Betty*



*Betty with daughter Carol Dyer*

Bernice Charity

## How 'Italy - A Land of Contrasts' was Born



My story begins in Linguaglossa, a small town at the foot of Mount Etna in Sicily, well known as a base for skiing enthusiasts. My first three and a half years were spent in this lovely town with my mother, surrounded by my loving extended family. My mother and I then boarded a large ship and spent the next 30 or so days sailing to Australia to meet my father. He left just before I was born to set up a home for our arrival.

Although my father was a stranger to me, he soon won me over and our little family thrived in Australia. After six and a half years, my baby sister joined our loving team.

I grew up in the '50s and '60s and was fortunate not to have experienced much racism. Not so for many others. While treasuring and maintaining some of our Italian culture for which I am grateful, my parents tried hard to assimilate as they thought this was best for their children. As a consequence, I feel comfortable within both cultures but now consider myself Australian with an Italian heritage. Thanks to my mother, I speak Italian reasonably well. As I got older, I appreciated how much of themselves they must have sacrificed for us.

My mother was big on education and she was so proud when her younger daughter became a lawyer and all four of her granddaughters attained university degrees. For my parents this was what coming to Australia was all about, giving their family the opportunity to achieve their dreams, and a good education was the key.

I have loved my visits to Italy especially when I was able to show my daughters and my husband where I was born, but it has only been in recent years that I have felt a strong desire to reconnect with my roots. This has coincided with the gradual loss of almost all of the older family members in Italy and the recent passing of my own parents.

After a lot of reading and research, my interest about the different regions of Italy intensified. I found myself thinking that I would like to take this further and, if possible, share my passion with others. I was unsure how to achieve this until a friend introduced me to U3A. What a wonderful place it has been for me to do so!

As a result, my course, 'Italy - A Land of Contrasts', was born. It has been a fascinating journey, researching the different regions.

It was only in 1861 that Italy became a unified nation. Prior to that, it was divided into many regions and republics, each with its own administration, currency, language and traditions. This explains why, even today, traditions, cuisines, wines, dialects and accents vary greatly. Even natural landscapes and architectural styles are quite different. And the inhabitants of each region are very proud of their own traditions and regard them as being the best. In fact, Italians generally identify more with their region than with being Italian.

There are twenty regions in Italy and two independent city-states. This is what makes Italy unique and one of the most popular countries to visit. In a relatively small space from north to south and east to west, there is something for everyone, and there are regions which differ so much that you could be forgiven for thinking you are in an entirely different country.

I look forward to sharing with U3A Manningham members the delights of this fascinating country, with people who find Italy and all things Italian simply irresistible. And of course, there will also be a few little Italian phrases thrown in for good measure and fun.

**Marie Maglitto**  
**Tutor, Italy - A Land of Contrasts**

## Where Did You Come From?

Marie Maglito's story of travelling to Australia with her mother and building a life here with her family is one that is common to many at U3A Manningham. We are fortunate to have such a large number of members from a wide range of backgrounds and most will have wonderful stories to tell about their families' migration to Australia. We would be delighted to share those stories in our newsletter. Please send them to [jillian.gange@optusnet.com.au](mailto:jillian.gange@optusnet.com.au).

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### The Eight Aboriginal Seasons in Melbourne

At the request of the Australian Bureau of Meteorology (BOM), Dr Jim Poulter gave this presentation by video link to BOM staff across Australia on 28 May 2018. The purpose of the presentation was to help BOM staff understand the Aboriginal mindset in relation to weather and to help expand their website on indigenous meteorological knowledge. The BOM is finding that Aboriginal knowledge is still relevant today to forecasting.

Most of the world see seasons as being four equal periods of three months: spring, summer, autumn and winter. However, anyone living in Melbourne can tell you that our weather is much more variable than that. Aboriginal people had a more sophisticated understanding of Melbourne weather and, more particularly, what needed to be done at certain times of the year.

There were eight Aboriginal seasons in all in Melbourne. Some seasons were only four weeks in length whilst others were two or three months, but these were lunar months of 28 days each. The Aboriginal calendar therefore had 13 months of 28 days each and the New Year started at the summer solstice.

It is surprising how closely their seasons were tied to these lunar months but, in reality, the beginning and end dates of Aboriginal seasons were rather rubbery. This was because each season was dependent on a number of environmental signals, like the migration of particular birds or the flowering of specific plants. The eight seasons have been used since time immemorial but were malleable to account for climate change. The reason for using specific dates is to show how the 13 lunar months were of central importance in Aboriginal thinking.

To show this close meshing of the lunar cycle with the seasons in Melbourne and the activities associated with each of the eight seasons, the following brief summary is offered:

Beginning on 22 December, the first season occupied the first two lunar months until 15 February. It was referred to as 'Hot North Wind and Fix the Fish Traps Season' and was heralded by the flowering of the Coranderrk, also known as the Christmas Bush. The Woiwurung word for 'hot north wind' is Mallee because that is where it comes from. During this time, women kept their newborn babies near the coolness of the water and time was spent fixing the fish traps after the October floods and before the coming eel harvest.

'Eel Harvest and Inter-Clan Business Season' was the second season and occupied the third lunar month from 16 February to 15 March. This was when mature eels began migrating downstream to make their way to the Coral Sea to breed. Being much smaller than the females, the male eels begin migrating a fortnight earlier. The males were not hunted but messages were sent out that the harvest would begin in two weeks. Many people from other clans often visited during this period of feasting, so this was when matters of trade, justice and environmental management were decided.

## **The Eight Aboriginal Seasons in Melbourne (Cont'd)**

The fourth lunar month from 16 March to 12 April was a time of late summer electrical storms and heavy downpours. It was an indoors time when pelts accumulated from the previous season of feasting were turned into rugs and cloaks. This was the 'Thunderstorm and Rug Making Season' and it ended with the first morning dew.

Although rainfall in Melbourne is quite even across the 12 months except for double the normal in October, the 13 lunar month calendar reveals a rain shadow period in the fifth lunar month from 13 April to 10 May. In other words, most of the April rains fall in the first half of the month, whilst most of the rain in May falls in the second half. This then was the 'Morning Mist and Burning-off Season'. It was a time of burning off in many areas of Australia, but particularly the southern and eastern areas.

Next was the 'Cold West Wind and Artefact Making Season' which occupied the next three lunar months from 11 May to 2 August. Again this was a more indoors time when women's pregnancies were advancing and time was particularly spent in educating children and preparing the older ones for their coming initiation. The end of this season was signalled by the flowering of silver wattles.

The ninth lunar month was a one month season occupying 3 August to 30 August, and was the 'Morning Frost and Bark Harvest Season'. Due to the sap rising in the trees, this was a time when bark harvesting was easiest and new canoes could be made before the October floods.

The arrival of Darebin, the Welcome Swallow, marked the start of 'Regeneration and Women's Business Season' which occupied the tenth and eleventh lunar months from 31 August to 25 October. Through the contraceptive properties of the kangaroo apple, Aboriginal women were able to plan all births to occur in this period and so be in tune with nature.

The final season occupied the twelfth and thirteenth lunar months from 26 October to 21 December. This was the 'Yam Harvest and Men's Business Season'. Yam cultivation and harvesting was very much the responsibility of women, so now that their birthing and initiations were out of the way, it was back to the grindstone. This was the time for the men to conduct their own initiation ceremonies before the heat of summer returned.

**Dr Jim Poulter**

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## **Attracting New Members to Our U3A**

All U3As have the same problem: how to attract new and younger members which, in turn, reinvigorates our organisation.

How often have we heard people say that they would love to join U3A but can't get into their classes of choice. This is particularly difficult at U3A Manningham because of our volunteer priority system.

So as to attract new members, the Committee of Management has decided to implement a pilot plan commencing in 2019 in which 10% of the membership of popular classes is reserved for new members. If the 10% is not fully taken up by the beginning of February, those places will then be offered to people who are on that class waiting list.

After the first year, the 'new members' will be expected to adhere to the volunteer priority system to maintain their places in their selected classes.

**Jillian Gange, on behalf of the Committee of Management.**

# Tutors Luncheon

On Thursday, 26 July, a lunch was held to recognise and thank all our tutors for their hard work. It was a very enjoyable occasion and a great opportunity for our tutors to get together.

Certificates of Appreciation for long and enthusiastic service were presented to:

- 25 years **Linda Chin** (Chinese); **Jan Palmer** (Watercolour Painting).
- 20 years **Angelina Chung** (Tai Chi); **Ethel Fredericks** (Ballroom Dancing);  
**Patrick Khaw** (Ballroom Dancing).
- 15 years **Laurie Bicknell** (Calligraphy); **Jean De Neef** (English Conversation);  
**William Mak** (Tai Chi).
- 10 years **Tony Ellul** (Cooking, Strength Training, Zumba); **Carol Henderson** (Mahjong);  
**Wei-Xing Huang** (Mandarin); **Jane Lithoxopoulos** (Religions of the World).
- 5 years **Colin Cherry** (Badminton); **Gail Clayton** (English as a Second Language);  
**Marg Dawdy** (Strength Training); **Etienne De Lavauix** (Guitar);  
**Hennie De Vries** (Calligraphy); **Telmay Dodd** (Strength Training);  
**Deirdre Heppell** (Developing Awareness); **John Ingrassia** (Bridge);  
**Ken Kwei** (Table Tennis); **Christine Lees** (Piano);  
**Andrew Leopold** (Explaining our World); **Sue Vane-Tempest** (Cardmaking).



*Some of the Tutors who received Certificates*



*Photographs from the lunch*

Photographs of many of the certificate recipients and lunch attendees can be seen by clicking on the following link: <https://u3amanningham.org.au/Pics2018.html#tutLunch18> or on the office screen.



## Tutors Luncheon (Cont'd)

### Allocating priority levels

It is essential that correct and accurate priority levels are allocated to the tutors as well as to all the associate, assistant and substitute tutors.

Let me first clarify the meanings of these titles.

- **Associate tutors** takes the class with the main tutor every week, and are able to conduct a class on their own.
- **Assistant tutors** help the tutor but cannot take a class on their own.
- A **substitute tutor** is a replacement when the tutor is away sick or on holidays.



*Barbara Spagnolo*

Part of my duties as the Tutor Coordinator is to allocate the correct enrolment priority level to everyone who is involved in tutoring. Within the next couple of weeks, I will be emailing all tutors and putting a form in their pigeonholes requesting that I be provided with the names of your associate, assistant and substitute tutors and the dates on which they were active in your classes. Without this information, I cannot allocate the correct priority levels to these hardworking people. This information needs to be supplied by the Tutors and not the Class Reps.

Hope you are all enjoying your Term 3 classes.

**Barbara Spagnolo**  
Tutor Coordinator.

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## Tanya Gogorosis - Distinguished Service Award



At the Tutors Luncheon on 26 July, **Tanya Gogorosis** was presented with the Distinguished Service Award for her outstanding and continuing contribution to our organisation.

Tanya was elected to the Committee of Management as Curriculum Coordinator in 2006. During the last 12 years, she has worked closely with the Curriculum Sub-Committee and the Committee of Management (including the last four Presidents - **Bridget Halge, David Jensz, Bryce Normoyle, Geoff Sheldon**). She was visionary in her approach to a diverse range of course offerings and worked as Curriculum Coordinator till 2012.

Although stepping down as Curriculum Coordinator, Tanya continued to work closely with the Curriculum Sub-committee, providing support to new members of the team, in particular the Curriculum Coordinator, and serving as an ex-officio member of the Committee of Management. Without her dedication, experience and guidance, the operation of the courses would not be as successful as it is today.

Tanya was an integral part of the move to The Pines in 2009 offering new opportunities for expanding our diverse range of courses.

When accepting the Distinguished Service Award, Tanya thanked all the dedicated members and tutors with whom she has worked.

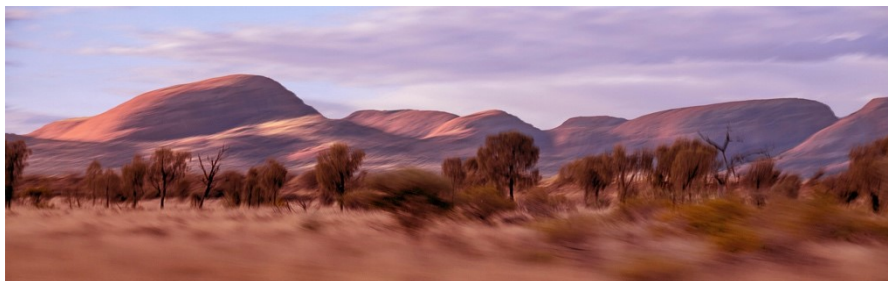
**Milly Ching**  
Curriculum Manager

# 2018 Photo Competition

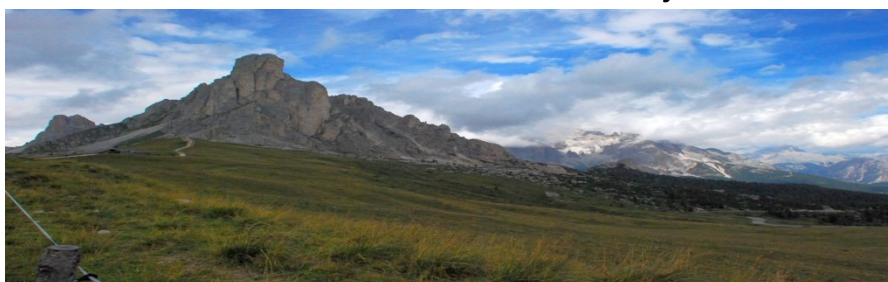
Many thanks to all the talented photographers who entered our Photo Competition.

The winning photographs which were announced at the Tutors Luncheon on 26 July are:

**First - Graeme Shaw - Olgas from the Bus**



**Second - Dianne Walker - The Dolomites in Italy**



**Third - Sandy Robb - The Old Silk Road, China**



All photos will be displayed on the office screen over the next few months. They are also on the website and can be seen by clicking on the following link:

<http://u3amanningham.org.au/Pics2018.html#photoComp18>.



*Trish Gilbert with Graeme Shaw (winner)*

I hope the photographs will whet your appetites not only to go to these amazing places, but also to share your photos with us.

We will be running the Photo Competition again next year and I hope that there will be just as much enthusiasm and support from all our photographers.

A big thank you to all the entrants and to **Jillian Gange** and **Bill Eberbach** for their support.

**Trish Gilbert**

# Summer School 2019

Summer School 2019 will commence on Wednesday, 2 January and run for four weeks until Thursday, 24 January. Classes will be held on Tuesdays, Wednesdays and Thursdays.

The list of Summer School courses will be available online with paper copies available in the office from mid August.

## Fees

\$10, irrespective of the number of Summer School classes you enrol in. However, some of the classes may incur an extra charge for the event, such as most of the *Marvellous Melbourne* and *Going Places* outings, which will be specified in the course details. These charges should be paid at the time of enrolment. If you elect to join in the optional lunch, that will need to be paid for separately.

## Enrolment and payment

### 1. In person:

- Enrolment and payments may be made on Monday, 10 September 2018 from 9.00am to 3.00pm in Room 1.
- As has occurred in previous years, an appointment system will be used. Appointments to enrol and pay may be made with office personnel from Monday, 3 September through to Friday, 7 September, during office hours, either in person or by ringing the office on 9894 5955.
- Enrolment worksheets to assist members in their selection of classes and times will also be available in the office from 3 September.
- Reminder: Only payment by cash or cheques can be accepted; credit card facilities are NOT available.

### 2. Online:

So far as enrolling using MyU3A is concerned, this is regarded as 'Term 5' of 2018, even though Summer School is in January 2019.

- Enrolment will open on Monday, 10 September, from 6.30am.
- If you need guidance in enrolling online, there is a step by step guide on our website at <http://u3amanningham.org.au/docs/EnrolmentInSummerSchool.pdf>. This guide also includes detailed help in paying online, via a PayPal account or by credit or debit card. If, despite these instructions, you find that you do not return to MyU3A after paying online, your payment will be recognised from the reports received from PayPal after a few days. You will still be able to enrol in Summer School. An email from PayPal at the time of payment will confirm that your payment is successful.
- **Also, you will receive an email from U3AM (if you have a valid email address in your online profile) for each class in which you have successfully enrolled.** This is a good way of verifying that you have correctly enrolled in each class.

**Geoff Sheldon and Warwick Wright**

# 'The Manningham U3A Story' – Progress Report

Although not yet finished, we are pleased with the progress we have made in writing 'The Manningham U3A Story' and invite you to read what we have written. This invitation is extended to all members in the hope that you may be able to tell us about something we may have missed and which should be included because of its significance to the development of our U3A.

The project began in February 2017 and is now nearing completion which we expect to happen this November. Our project team consists of **Leslie Dale, Heather Ambrose, Bridget Halge, Anoop Chauhan and Quintin Coutinho**.



*L-R: Quintin Coutinho, Leslie Dale, Anoop Chauhan and Heather Ambrose  
Absent: Bridget Halge.*

We have collected copies of original documents - mainly minutes and reports of AGMs, newsletters, and course brochures - and put them into what we call the **Project Archive**. Although we have been able to get copies of most of those documents from 1991 to 2016, we have been unable to find a few. We have no newsletters for 1996. We can't find AGM minutes for 1993 and 1996.

If you have copies of any of those missing items, please inform us.

The story has been written in three parts:

Part 1 - **A Decade of Achievement** - 1991 to 2001.

Part 2 - **Our Odyssey Continues** - 2002 to 2007.

Part 3 - **At The Pines** - 2008 to 2016.

Those four files - the Project Archive and the three parts of the story - are now available for viewing. You may want to see only one or two of them but if you wish to see them, all four will be provided to you.

If you decide to accept this invitation, please put a memory stick in an envelope with your name and contact email address on it and place that envelope in our pigeonhole at the office which is labelled 'The Manningham U3A Story'. We'll collect your envelope, add the four files to your memory stick, return the envelope to the pigeonhole and send you an email to tell you that it is ready for you to collect.

In order to give us enough time to make changes and because we may need to get back to you on any changes or additions you recommend, **the deadline for your recommendations is Monday, 8 October 2018**. Please send your recommendations to [lesliedale@optusnet.com.au](mailto:lesliedale@optusnet.com.au).

We hope you find our work interesting as well as informative.

**Leslie Dale**

# Curriculum Report



Program planning for 2019 is nearly completed. We need all tutors to verify their course descriptions to enable us to produce the brochure on time.

A number of tutors have decided not to offer their courses next year but at the same time, exciting new courses are being offered.

We always welcome new and exciting courses that are relevant to meet our members' needs. If any member wishes to propose teaching new courses, please contact **Ian Gorman**, our New Course Coordinator, for a course proposal form. Ian has a pigeonhole in the office.

New courses on offer in 2019:

- Hidden History of Words
- iPad Advanced Workshop
- Scrabble Advanced
- Computer: internet and emailing
- History of Early Religion

Courses that will not be offered in 2019:

- Healthy Aging
- Zumba Basic
- Music: Piano Advanced
- Rummikub

Milly Ching, Curriculum Manager

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## U3A Network Victoria – Member Profile Survey

U3A Network Victoria, the peak body for 100+ Victorian U3As, has initiated a Member Profile Survey.

The survey aims to assist U3A Network Victoria's planning for the future and to enable it to advise the State Government and Local Governments on the importance and value of U3As.

This short voluntary survey will be emailed to all U3A Manningham members and, if you wish to do so, it can be completed online.

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## Newsletter Contributions

We are always pleased to receive your contributions to our newsletter which may be sent to our dedicated email address ([u3amnews@gmail.com](mailto:u3amnews@gmail.com)) or put into my pigeonhole. The deadline date for the remaining newsletter for 2018 is 8 October. Please ensure that all contributions contain your name and contact details.

If you have changed your email address, be sure to update the details on your personal profile on MyU3A so you will not miss any newsletters with links to other information.

Jillian Gange, Editor

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# Office Report

I can't believe we are already into Term 3! As the saying goes, "The older I get, the quicker the years go by". Everything continues to go well in the office, thanks to our many volunteers and I am very grateful for their support.

The Office Volunteers Luncheon this year will be held on 11 October in Term 4. I hope all Office Volunteers can join us. Individual invitations will be ready to collect from the office by 10 September along with Term 4 rosters. Please ensure you pick them up early so that you can reply by the end of term.

As you know, tea and coffee are available in the kitchen for all U3A members but please remember to leave your 30 cents in our honesty money box. A 30 cent coffee or tea must be the cheapest in Doncaster, so please don't forget to pay.

Robyn Buttlng, Office Manager

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## Compare Your Energy Costs and Receive a \$50 Bonus

Every Victorian household that accesses the State Government's energy comparison site - where electricity and/or gas prices can be compared - will receive a \$50 bonus payment from the Victorian Government. This power saving bonus is available from 1 July to 31 December 2018.

You will need information which is available on your electricity and gas accounts, an internet connection, and an email account to access the website and receive this bonus. However, you may be able to ask a friend or relative who has email access to assist you.

Every Victorian household can submit a claim for the power saving bonus, if you:

- have a residential energy bill and are the account holder for that bill; and
- are able to receive your bonus payment via mail at the address receiving power.

There are other energy comparison sites, so be careful to ensure that you access the Victorian Energy Compare website at: <https://compare.energy.vic.gov.au>.

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## Doncare – Volunteers Needed

Doncare is a not-for-profit community organisation that provides services across all life stages: Information and Crisis Support, Social Support for Seniors, Family Services, Counselling, Family Violence Prevention and Recovery, and Volunteering in Manningham.

Doncare's programs are supported and funded through our seven opportunity shops and with the help of over 300 volunteers. Whilst government funding is received, the Op Shop Program raises between 43% and 48% of funding required and is therefore a necessary source of income for Doncare.

Doncare need volunteers who would enjoy working in one of their op shops. Volunteers need to be reliable, friendly and enjoy working in a team.

To find out more, call 9856 1500 or visit Doncare's website [www.doncare.org.au](http://www.doncare.org.au) and download an application form.

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# Calendar of Events Terms 3 and 4

(The calendar for the full year is available on our website.)

## TERM 3, 2018

|                         |  |                  |
|-------------------------|--|------------------|
| Monday, 16 July         | <b>TERM 3 commenced (10 weeks)</b>     |                  |
| Monday, 20 August       | Committee of Management meeting (Rm 8) | 1.30pm           |
| Wednesday, 22 August    | Migrant English Tutors meeting (Rm 13) | 3.00pm - 4.20pm  |
| Monday, 10 September    | Summer School Enrolments:              |                  |
|                         | - In person (Rm 1)                     | 9.00am - 3.00pm  |
|                         | - Online                               | from 6.30am      |
| Wednesday, 12 September | Class Reps Luncheon (PFR)              | 12.15pm - 2.30pm |
| Monday, 17 September    | Committee of Management meeting (Rm 8) | 1.30pm           |
| Friday, 21 September    | <b>TERM 3 ends</b>                     |                  |

[Term break – 2 weeks]

## TERM 4, 2018

|                        |  |                |
|------------------------|--|----------------|
| Monday, 8 October      | <b>TERM 4 commences (8 weeks)</b>      |                |
| Thursday, 11 October   | Office Workers Luncheon (PFR)          | 12.15pm-2.30pm |
| Monday, 15 October     | Committee of Management meeting (Rm 8) | 1.30pm         |
| Friday, 19 October     | Newsletter deadline                    |                |
| Tuesday, 6 November    | <b>MELBOURNE CUP DAY</b>               |                |
| Monday, 19 November    | Committee of Management meeting (Rm 8) | 1.30pm         |
| Wednesday, 21 November | <b>Artistic Showcase</b>               | 10.00am-3.00pm |
| Thursday, 29 November  | <b>uniFEST 2018</b>                    | 12.00noon-     |
| 3.30pm                 |  |                |
| Friday, 30 November    | <b>TERM 4 finishes</b>                 |                |

**PFR - Pines Function Room**

## The Newsletter

Editorial: Jillian Gange, Liew Staras, Frances Langdon;  
Website Manager: Kevin Chan; Distribution: Lewis Badge, Angela Burns and Warren Trompf.

*Information contained in this newsletter was correct at the time of publication. U3A Manningham makes no guarantee that the information contained in the newsletter is always accurate.*



### MISSION STATEMENT

*Our mission is to provide accessible and affordable educational, cultural, physical and social opportunities appropriate to the needs of retired and semi-retired people.*

