
The Pines Learning & Activity Centre, 2/520 Blackburn Road, Doncaster East 3109; PO Box 3288, The Pines, Doncaster East, 3109; Tel: 9894 5955; manunipines@gmail.com ; www.u3amanningham.org.au

President's Report

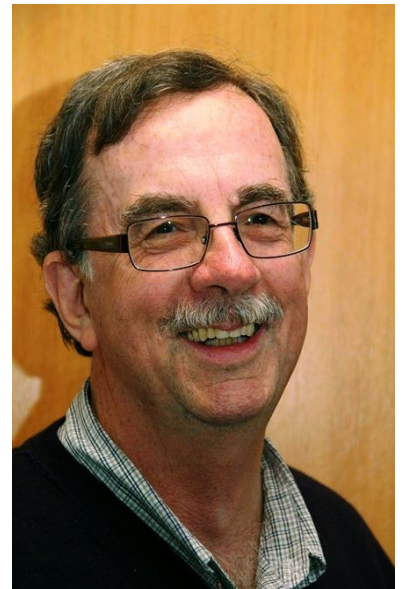
Welcome to Term 3! Hopefully the three-week break was refreshing and, despite the bitterly cold weather, you have returned to classes happy and healthy.

Doncare

Thank you very much for your very generous donations of food and other useful items to Doncare throughout Term 2. Needy families in Manningham benefit from the donations made by you and other community service organisations. Doncare needs donations throughout the year, so if you wish to make personal contributions, you can leave items at their Op Shops located in major shopping centres.

Victorian Senior of the Year Awards 2014

The Victorian Department of Health annually requests nominations for these prestigious awards. U3A Manningham's nominee is Dr Michael (Taffy) Jones, OAM, for his long-standing, continuous volunteer service to international, national and Victorian health services and for his recent contributions to U3A Manningham.



Very Important Changes to Enrolment Policy

A sub-committee has recommended several changes to the Enrolment Priority Levels relevant to 2015. PLEASE READ THE INFORMATION SHEET CAREFULLY (to be issued with the 2015 enrolment form). The changes affect ALL volunteer levels.

Risk Management and Accommodation Policies

Both policies have been amended to include the 'Code Red' Emergency condition I mentioned in the May newsletter. Special procedures will operate on these days.

Courses Brochure 2015

Following discussion at Future Directions sub-committee meetings, the 2015 Courses Brochure will be divided into two sections:

- Classes conducted at Pines Learning and Activity Centre (PLAC), including the Function Room
- Classes conducted at External Venues (23 other buildings or locations)

You will need to read through the whole brochure prior to completing your enrolment form to ensure you have applied for classes at specific venues. Some classes, for example Strength Training, may be listed in both sections as there will be classes at different venues.

President's Report (Cont'd)

Tutors' Awards

Thank you and congratulations to all Tutors acknowledged for their continuing outstanding service to U3A Manningham at the recent luncheon. Some Tutors received Certificates of Appreciation for twenty, fifteen and ten years of volunteer service to our U3A. The two Tutors who received certificates for twenty years are **Heather Ambrose** and **Moira Axtens**. In addition to their work as Tutors, these members have given outstanding volunteer service to U3A Manningham, including helping to establish the wonderful organisation we have today.

Heather Ambrose was awarded Life Membership for her many leadership roles. She has served as President of our U3A and has been a Tutor for Psychology, Tennis and Recorder. Over the years, Heather helped to develop and implement our unique volunteer system that encourages all our members to 'give something back'. Manningham City Council has acknowledged Heather by awarding her 'Citizen of the Year' for her service to Manningham through her involvement in other community service organisations.

Moira Axtens was ahead of her time when she developed and implemented a Strength Training programme for older people, during the early years of our U3A. It was based on the philosophy of 'live stronger, live longer'. Today, this approach to fitness has spread throughout the Victorian and Australian communities. Strength Training classes now have the largest enrolment at our U3A with three hundred and three members and more than thirty Associate Tutors. U3A Manningham awarded Moira Life Membership for encouraging members to look after their health and well-being and for providing the professional leadership for this programme.

Images of the Tutors' Lunch are on our website <http://www.u3amanningham.org.au>.

Class Change-over Time

The 10 minute period between classes conducted at PLAC has been in place since 2008. It is simple to understand and implement:

The class exiting the room has 5 MINUTES to tidy up the room (remove materials, replace chairs and tables, etc). The class entering the room remains outside until 5 MINUTES prior to commencement time. They then have that time to set up the room for their requirements. Tutors and Class Reps are responsible for ensuring these time frames are complied with in a cooperative manner.

Summer School 2015

Enrolment Day for Summer School is Thursday, 11 September in the Function Room at 2.30pm. This year the Application Fee (\$10) plus any relevant course fees (eg, Ripponlea tour) will be payable at the time of enrolment. Refund of any course fee will occur only if an application is unsuccessful (ie, the class is full). A notice will be issued in late August/early September with enrolment details.

Enjoy Term 3!

Bryce Normoyle



U3A Manningham's display tent at the 2013 event in Federation Square

Time to Celebrate!

Seniors' Week begins on Sunday, 5 October at Fed Square. U3A Manningham will be there again this year to display our Arts and Crafts and to participate in a variety of demonstrations with other groups.

Why not plan to be there and support our activities on the day? Tutors who would like to have their classes participate in some way should leave a note in **Graeme Martin's** mailbox in the office as soon as possible. With your participation, this year will be as successful as last year!

Marg Salomon and Graeme Martin

Vice-President's Report

Tutors' Awards

The level of commitment shown by our Tutors is both astonishing and highly gratifying. As a mark of our appreciation we were happy to present long-service certificates to the many Tutors who have been presenting their courses between ten and twenty years at the recent Tutors' Luncheon. Congratulations to all these generous and hardworking members for their valuable contribution to our programme of activities over such lengthy periods of time.

Victorian Seniors' Festival

Seniors' Week commences at the beginning of October with a celebration at Federation Square. **Margaret Salomon**, who is overseeing the arrangements for our involvement, writes elsewhere in this newsletter about the day and invites your participation. This is a splendid opportunity to see the range and variety of activities that are available at the many U3As throughout Victoria and also to appreciate the major contribution that Manningham makes to the U3A movement.

Suggestion Box

We have recently installed a Suggestion Box on the office counter. You may not have noticed it yet as it's quite unobtrusive but it **is** there and it's there for a very real purpose: for you as members to communicate directly with members of the Committee of Management. Please let us have your thoughts, ideas, recommendations, etc - anything that you can think of that would enhance the experience of being a member of our U3A. Your input would be much appreciated.

The Prime of Your Life

I've recently been re-reading Muriel Spark's book *The Prime of Miss Jean Brodie* and came across the following quote: "One's prime is elusive...Be on the alert to recognise your prime at whatever time of life it may occur." What better place to make the most of your prime than U3A Manningham?

Geoff Sheldon, Vice President

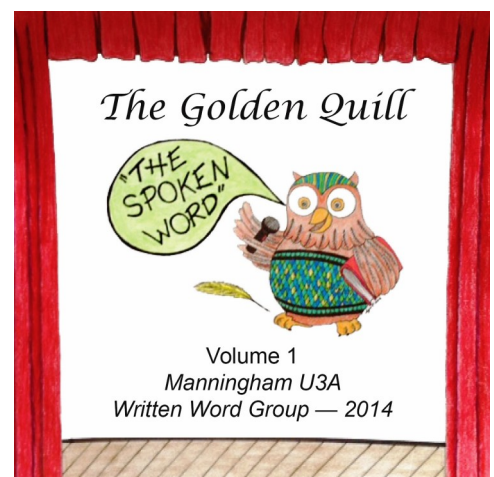
Now Hear This!

The Written Word class is trying something new for 2014. After two editions of printed copies of our work in *The Golden Quill*, we have explored how to produce an audio book. We decided this experience would develop new skills and we'd have fun trying it out - and indeed we did.

Now we can announce that our 'talking book' is well into being completed. With the assistance of **Geoff Sheldon**, who organized for us to have a quiet room during the term holidays, we gathered on two Monday mornings for our recording of the stories and poems we'd prepared.

We are also grateful to **Terry Smith** who guided us toward obtaining the correct equipment, and to **Graeme Martin** who gave up his time to allow us access to the building on both Mondays. **Lyn Colenso**, from our group, again put her skills to work and produced a charming cover for the CD set.

The CD holds a collection of short stories and poems and are read by the writers who created them. We enjoyed the experience and we hope you will enjoy the result. Copies should be available by Term 4 for purchase for \$5. Keep a look-out for this cover!



Lula Black & Trish Taylor, Co-tutors of The Written Word

Celebrating Our Tutors

On Thursday, 24 July, about 100 of our 158 Tutors enjoyed a luncheon and meeting in the Pines Function Room. During the lunch, superbly organized by **Graeme Martin**, Tutors were addressed by **Geoff Sheldon** (Vice President), **Milly Ching** (Curriculum Co-ordinator) and **Maureen Mitchell** (Tutor Co-ordinator).



All Tutors were congratulated on their contributions to our U3A and thanked for the time they commit to their classes. As Geoff said, "What you do here is of utmost importance. You are highly regarded and highly appreciated and we are immensely grateful to you for what you do."

A common theme in the addresses to Tutors was the important role they play in the physical, social and emotional well-being of our members. Geoff emphasised that they are helping to break the mould of what it means to be an older citizen. The time Tutors commit to their classes means that members have the opportunity to enhance self-esteem, confidence and mental development. Thanks to the work of our Tutors, a non-threatening environment is created where people can not only enjoy these later years, but thrive on new experiences.



The highlight of the luncheon was the awarding of Service Certificates. These certificates acknowledge the contribution of the following tutors: **Heather Ambrose, Moira Axtens** (twenty years' service); **Desiree Higgins, Des Thornton** (fifteen years); **Kirtida Baxi, Marjorie Beecham, Doug Brewer, Jean de Neef, John Driver, Coral Newstead, Monique Plantier, Saroja Swami and Barry Wilkins** (ten years).

More images of the event are on our website <http://www.u3amanningham.org.au>.

Monthly Talks

Monthly Talks are held on the 3rd Wednesday of each month from 3.00-4.30pm in Room 13. All are welcome - bring a friend. Entry by \$2 donation; refreshments are provided.

20 August: Library Electronic Resources Katie Norton is a librarian with the Whitehorse Manningham Regional Library system. She will demonstrate the range of electronic resources available to library members. These resources include e-books, MP3 audio books and MP3 music files.

17 September: Local Government Reforms Joe Carbone, CEO of Manningham City Council, will speak about general reforms in the local government sector. The topics will include recent changes to the Local Government Act, covering areas of Councillor Conduct, local government Performance Reporting, Capital Priorities and regionalisation of Councils.

15 October: Leon Moore and Inner Strength Leon Moore is founding director of the 'Stroke Accord Choir'. His background in high performance coaching made him aware of some incredible strengths among people who are under extreme duress. These discoveries reveal how we can use our wonderful inner powers in so many beneficial ways.

19 November: to be announced.

Coral Vercoe

5Q

Five Questions for...

Coral Vercoe



You have organised the Monthly Talks at our U3A for about eleven years - that's around 110 speakers! How do you find so many different people?

When I took on the Monthly Talks I thought it would be for a year or two, but eleven years on and I'm still at it! It is challenging and rewarding, and not without a degree of anxiety. (Will the speaker find a car park / get here on time / find the building? And importantly, will there be an audience?)

I'm often asked where I find the speakers. As well as the U3A Network and approaching people I feel would be of interest (always a challenge!), a number of speakers have come via my family's friends and contacts.

Which presentations have been among the most memorable?

Among the guest speakers have been some outstanding people: Emma Ayers of the ABC; Prof Alan Trounson, a biologist and President of the Californian Institute for Regenerative Medicine; Senator John Button; social philosopher Hugh Mackay; a speaker from the Sentencing Advisory Council; a person from the local SES; Rabbi Glasman; Prof David Jamison (on Galileo's birthday); Sara L'Estrange from the ABC; and many authors, artists, musicians, journalists, scientists and, of course, many U3A members.

What inspires you about our U3A?

The challenges, the possibilities, and the opportunities for trying new things. There is also the pleasure and camaraderie of others and the physical benefits of so many classes. Thanks to our U3A, I have enjoyed things like Petanque, Tai Chi and singing. I have realised that I'll need another lifetime to study science to comprehend the cosmology class!

How do you relax?

Music is my major source of relaxation. I subscribe to the ACO and the Met Opera Films at the Nova cinema. Before my back injury a year ago, I had played Bridge twice weekly for thirty-five years and am hoping to return to it SOON!

Reading is also a great source of relaxation, accompanied by ABC FM radio. I also belong to a book discussion group. Solitary meditation continues to be important to help me relax. Above all, one of the greatest joys in my life is spending time with my family.

What is on your Wish List for our U3A?

My Wish List is that I can continue to attend classes, face more challenges and meet more people. It is always exciting to see the new classes on offer too. I wonder if anyone has thought about a Todd Samson type course? (Todd Samson was in the ABC television series 'Redesign your brain.') I'm not talking about Samson's feat of being chained up under water, but some of the less physically challenging tests would be useful for many of us and be a great asset.

With Thanks from U3A Manningham

Many of our members may remember the Bee Gees' 1977 hit song 'Staying Alive'. Certainly those of us who have attended the CPR (Cardiopulmonary Resuscitation) classes run by Dr Ron Myerscough and his wife Joan will not forget the rhythm and regular beat of that rollicking song. Ron and Joan have used this tune in the twice-yearly CPR classes they have conducted at our U3A over the past seven years.

Helping people 'stay alive' has been Ron and Joan's business for over 50 years. Ron started university in the 1950s, first in Pharmacy, then Medicine. As a young student, he had many extra jobs to help him get through medical school and later worked as a pharmacist in the first night pharmacy in Victoria, on the corner of Glenferrie Road and Cotham Road in Kew.

Starting work as a G.P., Ron worked in Greensborough with Dr Ted Cordner (of Melbourne Football Club fame), then in his own practice in Greensborough and finally in Montmorency. In those days, medicine was more like a country practice, as there were fewer specialists. "You had to do everything yourself" said Ron, including delivering babies (700 in his case). There were fewer diagnostic tools than today or the range of therapeutic drugs now available.

Outside medical practice, Ron has worked with the Rotary Club since 1968. He first trained young people as Third World leaders, then took exchange students overseas to South Africa and Japan. Over many years, Ron has also been a close friend and colleague of Laurie Simpson, another Rotarian and past U3A tutor in 'The History of Medicine'.

Joan has had a long nursing career, commencing training in 1953. She first worked at St Vincent's Hospital, then at Queen Victoria and The Alfred Hospitals. In the 1960s, Joan's work focussed on the emerging area of Occupational Health and Safety. After working as a theatre scrub nurse for seven years, she was Matron of a private surgical hospital. Joan was also the proprietor, CEO and Director of an aged care facility. Her last fourteen years of work were as nurse and manager in her husband's General Practice.

Over time, both Ron and Joan have seen immense changes in the practice of medicine through the advanced use of technology. This change has meant an increase in clinical knowledge leading to more non-invasive medicine and more targeted surgery. Joan's career has spanned major changes in nurse training, from 'hospital-based training' to 'college-based education'. She participated in this change, undertaking further degrees offered by Lincoln Institute of Health Sciences for existing registered nurses, graduating in 1983.



Joan and Ron have decided that 2014 will be their last year conducting CPR classes at our U3A. Their involvement over the past seven years has been a great asset to our programme. They have taught nearly 500 members the basics of CPR, with benefits of this life-saving knowledge extending to many families over the years. Both Ron and Joan have been enthused by the responsiveness and appreciation of the many U3A members in their classes. It is their hope that their approach to CPR training will continue. Their work has set a foundation for the future, particularly in relation to a deeper understanding of the why's and how's of CPR and the workings of the human body.

Thank you, Ron and Joan, for your invaluable contribution and best wishes for your future.

Margaret O'Connor



Final CPR (Cardiopulmonary Resuscitation) Lecture and Workshops

Dr Ron and Joan Myerscough will present their final lecture and workshops in Term 4, 2014. This '4 Steps for Life' programme has been developed to promote awareness and confidence among people aged 50 and over to perform CPR. This is an informal presentation using a DVD lecture and discussion. The Australian Resuscitation Council recommends a 12-monthly refresher course in the '4 Steps for Life' programme.

Following the lecture, you may choose **ONE** of the Small Group Workshops listed below.

CPR LECTURE with Dr Ron Myerscough:

Code 3205: FRIDAY 10 October, 1.30 - 2.50pm Room 14

WORKSHOPS (choose one):

Code 3206: FRIDAY 17 October, 1.30 - 2.50pm Room 14

Code 3206: FRIDAY 24 October, 1.30 - 2.50pm Room 14

Code 3206: FRIDAY 31 October, 1.30 - 2.50pm Room 14

Attendance at the lecture, or at any of the previous lectures, is a prerequisite for participation in the workshops. Please enrol at the office using the codes indicated above.

Margaret O'Connor

Views and Reviews

Views and Reviews is a forum for our U3A members. Contributions on a range of topics of interest to our members are invited, with a limit of 500 words. Selection for publication will be made by the Editorial Committee. Send contributions to dianeбайд@yahoo.com.

Sharing Country By Jim Poulter

Wominjeka [welcome] to our shared country. The term 'Country' holds deep meaning for Aboriginal people. Other Australians tend to refer to country in a way that sees the land as a utility, such as in the value of your house and land, or the productive value yielded by crops or fruit orchards. On the other hand, Aboriginal Australians today still refer to Country with a sense of belonging and spiritual responsibility. By sharing this history, Aboriginal people are helping other Australians to understand this concept.

We are now much more aware of prior Aboriginal custodianship of the environment, but the term 'traditional owners' is something of a misnomer. Rather than owning the land, Aboriginal people saw the land as owning them. Every part of the land had a particular character, essence or spirit that was acknowledged and celebrated through story, song and ritual events. It is pleasing to see that this heritage is now re-emerging among Manningham citizens today.



Views and Reviews

Sharing Country By Jim Poulter (Cont'd)

Manningham is extremely lucky to have significant green wedges, parklands, recreation areas and linear parks. It also has a rich history of orchards dating back to 1856. But even more than this, the character of our city is shaped by the fact that the Yarra River forms our northern boundary, an area where we can rediscover the richness of our Aboriginal heritage. This rediscovery is taking place in partnership with the Wurundjeri people, who have strong historic links to the area.

Manningham City Council has a detailed Reconciliation Action Plan. In partnership with organisations such as Reconciliation Manningham, Parks Victoria and the Wurundjeri Tribe Council, great strides are being taken to identify significant sites, provide interpretive signage, produce information pamphlets, identify and foster indigenous plants, hold ceremonial events, conduct history walks and talks, and provide educational outreach to schools and community groups. In recent years, these activities have established Manningham as one of Australia's leading municipalities in the Reconciliation movement.



The Yingabeal naming ceremony at Heide Museum.

Left to right: Jim Poulter, holding a picture of William Barak who succeeded Wonga as Headman in 1874 and Uncle Bill Nicholson, holding a picture of Simon Wonga the Wurundjeri Headman who organised the last corroboree at Pound Bend in 1852.

Recent events have taken place at some of the local Aboriginal sites of significance. These included a tour around Bolin-Bolin Billabong in Bulleen with an Aboriginal Elder, a naming ceremony for the Scar Tree 'Yingabeal' at Heide Museum in Bulleen, a tour of significant sites in old Templestowe township, a history tour of the Mullum-Yarra junction area, the planting of 'marker trees' at Mullum-Mullum Creek, the unveiling of interpretive signs at Pound Bend, the unveiling of plaques at Anderson's Creek dedicated to the Warrandyte Aboriginal Reserve, a Warrandyte waterfront walk on traditional land use in the area, and a special reinvestment ceremony of the women's birthing place at Brushy Creek. More events will occur in future and these are publicized on either the Manningham Council (www.manningham.vic.gov.au) or Reconciliation Manningham (www.reconciliation-manningham.org.au) websites.

We can all take pride in Manningham's rich Aboriginal heritage. Wominjeka to a new perspective on our shared land.

Jim Poulter is the Secretary of the Manningham Reconciliation Group. He also teaches a class at our U3A on local Aboriginal history.

The 70th Anniversary of the Warsaw Uprising

"The outbreak of the Warsaw Uprising on 1 August 1944, was the culmination of a prolonged resistance movement. Despite the overwhelming size and strength of the enemy forces, Polish fighters resisted the German army for sixty-three days." Jerzy Wieslaw Fiedler.

We at U3A Manningham know Jerzy Wieslaw Fiedler as George Fiedler, one of our thirty-five foundation members in 1991. George is a U3A Manningham Life Member and was a Tutor for many years.

George was born in Warsaw in 1922. The combined German and Soviet invasion of Poland in 1939 changed George's life tragically. His father and two cousins were murdered on the orders of Joseph Stalin in the Katyn episode in the spring of 1940. The Katyn episode involved the killing of more than 20,000 Poles who were regarded as the leading citizens of Poland at the time. Those killed by the Soviet authorities included university professors, lawyers, teachers, senior army officers and senior public servants. All were personally named on the orders signed by Joseph Stalin.

It is not surprising that George joined the Polish Resistance. After the German army forced the Soviet army out of Poland in June 1941, the Polish Resistance did what they could with very little help from the Allies. By the time the advancing Soviet army came within reach of Warsaw in July 1944, the Polish Resistance was ready to rise up and make it easier for the Soviets to liberate Warsaw, and Poland generally, from Nazi Occupation.

The Warsaw Uprising commenced on 1 August 1944 with the expectation that the Soviet Army would enter Warsaw in a matter of a day or so. George Fiedler was the commander of 4th Platoon in K Company and was involved in a great deal of action in and around Warsaw. Many thousands of Poles fought in the Home Army, or the AK as it was known. George was a member of the Baszta Regiment which numbered over two thousand. Many of George's friends and colleagues were killed and injured and George was seriously injured on several occasions.

The Soviet army did not give any support to the Warsaw Uprising and the Polish patriots surrendered to the Germans in late September 1944. George, along with most of his fellow fighters, was taken prisoner and transported to Germany. Warsaw was in ruins when the Soviet army finally crossed the Vistula River into Warsaw - but it was too late for George and his friends.

George was liberated by the advancing Allied Forces near the end of the war. He knew it wasn't safe for him to return to his native Poland with the Soviets in total charge of the country. He moved to France, married a fellow Polish refugee and started a new life in Paris. George trained to be a textile engineer and migrated to Australia in 1951.

For many years, George Fiedler has been an honoured member of the Polish Community in Australia and he has worked tirelessly to support his fellow countrymen who have forged a new life here. He was awarded the Victorian Government Multicultural Medal in 2009 for his work. George was an honoured guest on Sunday, 3 August 2014 when the Polish Community in Melbourne commemorated the seventieth anniversary of the Warsaw Uprising. He was invited, but did not attend, the commemoration held recently in Warsaw.

George has written the story of his life during World War II in Polish and it is to be translated into English. Monika Wiench wrote the following in the introduction to George's book: "After World War II, the AK soldiers were persecuted, tortured, murdered or deported to hard labour by the Soviet NKVD. The vast majority of them never returned to Poland; many deciding on an enforced emigration. Platoon Commander Wieslaw, a model man, Polish patriot, is exceptionally valued by Poles in Australia, where he has lived since 1951. For many years he has been deeply involved in the life of the Polish community, representing the deepest feelings and attitudes of those patriotic Poles, living far away from their Fatherland and thinking of Poland every day."

David Jenz

U3A Manningham Pétanque Group Finds a New Home

More than a year ago, Manningham City Council advised the U3A Pétanque Group that the Rieschiecks Reserve car park could no longer be used because of Occupational, Health and Safety concerns. President **Bryce Normoyle** and, more recently, **Robyn and Ciz Large** commenced the search for a new playing area.

This search was a big job! Ciz explained, "Every reserve and playing field within the city of Manningham was visited with the hope of finding a suitable area. A few were tried, but as pétanque is played on a gravel surface, no suitable venue was found".

However, on Monday, 16 June, the group officially opened a new playing area created and totally funded by Manningham City Council. Special thanks to **Stephanie Langton**, Recreation Planner, who assisted in this excellent outcome where a good-sized, brand new pétanque piste now exists in an area at the rear of the Doncaster Indoor Sports Centre (DISC) on Springvale Road. Steps down to the piste, complete with handrails, are soon to be installed.

Ciz Large also commented, "It had been a long process but common sense prevailed with calm and respectful dialogue".

Robyn Large baked and iced a cake in the shape of a piste, complete with players and boules. The group enjoyed the cake and drinks with their U3A Pétanque Tutor, **Don Gay**. Don proudly cut the ribbon and declared the piste open for play. The large group of committed and happy pétanque players meet and play every Monday morning throughout the year so they were delighted with this new facility.

Ruth Foxwell



Pocket Theatre 2015

The Pocket Theatre class will start again in 2015. Currently, it is planned to schedule the class for a Monday, but this time could be changed if necessary. If you are interested in participating in this class next year, please contact me if you have a preference for the class day. Please ring on 9842 4695 to leave a message.

Joan van Houten

Network News



A special event will be held for all Victorian U3A members and their partners from Monday 13 - Wednesday, 15 October 2014. Hosted by U3A Grampians Region, this event provides a range of different activities and opportunities to get to know other U3A members. Details about the programme and events are on the U3A Network website (<http://www.u3avictoria.com.au>) and posters have been sent to all U3A groups for display. Registrations for the event are now open.

Travel with a Difference

Combining travel with meaningful life experiences is something we all hope for when making travel plans. I have discovered an organisation that is devoted to educational tours with a difference. *Road Scholar* has been a not-for-profit leader in educational travel for adults since 1975. It began as *Elderhostel* with the goal of providing active and positive travel experiences for retired people. Based in the United States, it offers 5,500 educational tours in all fifty US states and 150 countries. With both local and renowned experts, there are many learning opportunities, from cultural tours and study cruises to participating in volunteer work in various countries or regions around the world.

When I first found out about *Road Scholar*, I was amazed by the range of programmes and the variety of places. Some examples give an idea of the possibilities: bicycling in Germany; bird-watching in Costa Rica; food and wine tours in Italy; history and culture in Guatemala; language, literature and theatre in England; music in Central Europe; natural history in Tanzania and the Galapagos; photography in Iceland; walking and hiking in Austria and Argentina; outdoor adventures in Madeira and water sports in Fiji. There is something for everyone!

We attended a six day live-in Contract Bridge Workshop in a lovely old inn in Vermont in the US. We met interesting people, found the intensive activities worthwhile and discovered a pretty rural area. The cost is reasonable and good value for money, the programme is planned for you and you meet people with similar interests. It is ideal for single travellers. The programmes are so varied you will easily find an adventure to match your interests. Before you plan your next holiday, I recommend that you check out *Road Scholar* (www.road scholar.org)!

Evelyne Perks

Newsletter Deadline

The copy deadline for the November newsletter is Friday, 10 October, with publication at the beginning of November. Please forward copy to Diane Baird at diane baird@yahoo.com.

And finally...

“Youth is the gift of nature, but age is a work of art.”

Stanislaw Jerzy Lec

The Newsletter

Editorial team: **Diane Baird, Frances Langdon, Liew Staras**; Advisors: **Geoff Sheldon, Margot Roth**.
Distribution: **Jeanette and Lewis Badge, John Driver, Warren Trompf**.

Information contained in this Newsletter was correct at the time of publication. U3A Manningham makes no guarantee that the information contained in the newsletter is always accurate.



MISSION STATEMENT

Our mission is to provide accessible and affordable educational, cultural, physical and social opportunities appropriate to the needs of retired and semi-retired people.



CALENDAR OF EVENTS

Term 3 and Term 4, 2014

Term 3

Monday, 14 July	TERM 3 commenced (10 weeks)	
Monday, 18 August	Committee of Management Meeting (Rm 8)	2.30pm
Wednesday, 20 August	Monthly Talk (Rm 13)	3.00pm
Thursday, 11 September	Summer School Enrolment (PFR)	
	Set up Room	2.00-2.30pm
	Enrolment	2.30-3.30pm
Monday, 15 September	Committee of Management Meeting (Rm 8)	2.30pm
Wednesday, 17 September	Monthly Talk (Rm 13)	3.00pm
Thursday, 18 September	Class Reps Afternoon Tea (PFR)	2.30-3.30pm
Friday, 19 September	TERM 3 finishes	

[break – 2 weeks]

Term 4

Monday, 6 October	TERM 4 commences (8 weeks)	
Thursday, 9 October	Office Workers Afternoon Tea (PFR)	2.30-3.30pm
Friday, 10 October	Newsletter Deadline	
Wednesday, 15 October	Monthly Talk (Rm 13)	3.00pm
Monday, 20 October	Committee of Management Meeting (Rm 8)	2.30pm
Tuesday, 4 November	MELBOURNE CUP DAY	
Wednesday, 5 November	Enrolment Mail Out (Rms 16 & 17)	1.30-4.30pm
Monday, 17 November	Committee of Management Meeting (Rm 8)	2.30pm
Wednesday, 19 November	Monthly Talk (Rm 13)	3.00pm
Wednesday, 19 November	Enrolment applications (Level 1) commence	
Wednesday, 26 November	Processing of applications starts; supervisor training	
Thursday, 27 November	Level 2 enrolment (Rms 16/17/18)	
Friday, 28 November	Level 3 enrolment (Rms 16/17/18)	
Friday, 28 November	Artistic Showcase	10.00am–3.00pm
Thursday, 4 December	uniFEST	noon–3.30pm
Thursday, 4 December	TERM 4 finishes	

Monday, 1 December	Level 4 enrolment)	
Tuesday, 2 December	Level 5 enrolment)	
Wednesday, 3 December	Level 5 enrolment continues)	Rms 16/17/18
Thursday, 4 December	Level 6 enrolment)	
Friday, 5 December	Final processing)	
Monday, 8 December))	
Tuesday, 9 December))	Office opened – if required
Wednesday, 10 December))	

PFR - Pines Function Room