

President's Report



Here we are in the final term of 2018. The shops are already reminding us that Christmas is not so far away and I suppose our focus at U3A Manningham is also on the future, especially the program for 2019. The January Summer School program has been on the courses page of our website for some time and, to date, nearly 200 members have enrolled. If you are still thinking about taking advantage of these holiday activities, many classes still have vacancies.

The 2019 program is now available on the website although it is not yet possible to enrol. Information about enrolment dates and procedure follows this article. The printed brochures have also arrived at the office although I would ask those members who have access to this information online to refrain from unnecessarily taking a copy. As usual, our regular tutors and also

some new ones have generously offered their time and expertise to put together a wide-ranging and fascinating collection of classes and activities.

Once again, we participated in Celebration Day at Federation Square at the beginning of Seniors Week. A report with photos appears elsewhere in this newsletter. A number of Melbourne based U3As include Seniors Week in their September/October break in order to allow members to participate in the many special activities available during that week. We do not do this but I wonder whether the membership would be in favour of a 3-week break, which will include Seniors Week. We would, of course, retain the usual 8-week final term which would then extend into the first week in December. The Committee of Management would welcome your views.

Turning now to the past year, I would like to thank all those members who have contributed in so many different ways to the successful and fulfilling year that we have just enjoyed. The essential role of the tutors is, of course, self-evident and we readily acknowledge with grateful thanks their enormous contribution. They are well supported by the class reps whose conscientious and diligent efforts I would like to recognise and applaud.

Less prominent are the equally essential group of data entry members who work continuously in the back office ensuring that all membership details are kept up to date. Without their time-consuming assiduousness, the organisation would not be able to function. On your behalf, I would like to thank them personally: **Joan French, Trish Bevan, Pam Grehan, Frank Lau, Kathy Withers and Ruth Foxwell.**

Finally, I would like to offer my sincere thanks to my much valued colleagues on the Committee of Management, as well as to the dedicated members of the many hardworking sub-committees and teams who make valuable contributions to the general and complex administrative machine that is U3A Manningham. On behalf of all our members, please know that your contribution is highly regarded and gratefully acknowledged.

Geoff Sheldon

Enrolment Report

Membership Renewals and Class Enrolments

As previously advised, because of the very high rentals charged for external venues and the Pines Function Room (PFR), a class fee has been introduced for all classes conducted outside the area covered by our Pines Learning Centre agreement with Manningham City Council. The amount set, **\$15 per class per year**, is averaged out over the cost of all external venues. Instructions appear below on how this amount will be calculated and paid by members.

Payment of 2019 membership fees

The membership fee for 2019 remains at \$70. Payment of membership fees (new or existing members) can be made either online or in person:

1. **Online, from 14 November:**

Payment online is easier this year! You no longer need to click on the 'Return to MyU3A' link - the return will happen automatically a few seconds after you see the confirmation of payment screen. You will also no longer receive a message telling you that the return to MyU3A is unsecured. The whole process takes place in a secure environment where all data transmitted over the Internet is encrypted (not being able to be read by anyone intercepting the message).

2. **In person, only on the following days:**

- Wednesday, 14 November from 1.30pm to 3pm (last booking 2.30pm)
- Thursday, 15 November from 9am to 3pm (last booking 2.30pm)
- Monday, 19 November from 9am to 3pm (last booking 2.30pm)
- Wednesday, 21 November from 1.30pm to 3pm (last booking 2.30pm)

Please note: For in-person payments, timeslots **must** be booked and the office is taking bookings now. Anyone showing up without a booked timeslot may not be able to be assisted. All payments are in Room 1.

Donations

We are continuing the scheme introduced last year for members who wish to make a financial donation to U3A Manningham. The opportunity to do so will be available when paying membership fees. If you choose to donate, that amount will be automatically added to your membership fee.

Enrolment dates for 2019 classes

Priority Level 1:	From 21 November for both in-person* or online. (Online from 6.30am)
Priority Level 2:	From 28 November for both in-person or online. (Online from 6.30am)
Priority Level 3:	From 30 November for both in-person or online. (Online from 6.30am)
Priority Level 4:	From 3 December for both in-person or online. (Online from 6.30am)
Open Enrolment (existing or new members):	From 4 December for both in-person or online. (Online from 6.30am)

* Bookings are required for Priority Level 1 in-person class enrolments (21 November). You may book at the office at any time from 14 November.

However, bookings are not required for in-person class enrolments for any other priority levels - just turn up at Room 18 between 9am and 3pm on the appropriate date for your level. You will be given a numbered ticket and enrolments will be in ticket order.

Enrolment Report (Cont'd)

Priority enrolment levels

Priority enrolment levels will be displayed on the noticeboard and the website prior to enrolments beginning. Remember that priority levels only give you the right to enrol in classes earlier than other members of lower or no priority. If you defer your enrolments to a later date, you get no more priority than anyone else who is permitted to enrol at that date.

Paying for classes that attract a fee - those held at external venues and the PFR (\$15)

Be aware that unless you have paid your membership fee, you will not be able to access the **Classes 2019** button. If you enrol in any classes that attract that fee, the fee will be added to your profile. When you have completed enrolment in all desired classes, the total amount due and the amount still outstanding will be shown. You should then pay the amount due in the same way as you did your annual membership fee. You will need to pay all outstanding fees in order to be admitted to any class attracting a fee.

When enrolling in person, it will be obvious that you have successfully enrolled in the classes of your choice, so you can pay your membership fee (if not already paid) and all class fees at the same time.

If you are put on the Wait List for a class with a fee, you will only be charged the fee when you are accepted into the class.

Enrolment limits

This year, in an attempt to give all our members the chance to enrol in the classes they desire, the maximum number of classes in which a member may enrol has been restricted to **five**. This restriction will be lifted after 31 January, thus opening up any classes with vacancies to all members. The restriction to five classes does not change the restrictions on individual classes, for example, one strength training class per member.

Members who wish to enrol in more than five classes will be put on the Wait List for the other classes. Once the restriction is lifted after 31 January, they will then be eligible for those classes in order of application.

New members

In an effort to attract new members:

1. A person enrolling for the first time for 2019 is given the bonus right of enrolling in any available 2018 classes. Many classes will not take new members at this time of year but there are those that will. In particular, most Summer School classes are still available and new members may join any of these by paying the \$10 Summer School fee and the particular activity fee, if any, for the chosen activities.
2. This year, for the first time, 10% of places in the most popular classes are being reserved for new members. Once the 10% has been reached, this advantage to new members ceases.

Those classes that have 10% of places reserved for new members can be viewed by clicking here: <http://u3amanningham.org.au/docs/ClasseswWthReservedPlacesForNewMembers.pdf>.

Assistance in enrolling online and paying by PayPal is available by clicking here: <http://u3amanningham.org.au/docs/MembershipEnrollingOnlineAssistance.pdf>.

Geoff Sheldon & Warwick Wright

Goodbye Margot Roth: 1921 - 2018

Margot joined U3A Manningham in 2000 when she moved from her native New Zealand to Melbourne to be close to her son, daughter-in-law and three grandsons.

She quickly joined classes at U3AM which she attended continuously until her health restricted her participation during the last two years. Margot became a significant contributor to discussions in my Psychology class, Current Affairs (**David Jensz**) and Philosophy (**Joan Sheridan**) with her lively wit always lightening the mood. Margot edited the U3AM Newsletter for ten years and was a member of the team which produced 'Our Odyssey Continues' in 2009.

Margot was a writer, columnist and activist and championed New Zealand's women's equality and advancement throughout her life. She continued to provide articles for New Zealand publications until recently. Many of her professional colleagues formed the 'Margot Collective' to publish a collection of her work, covering an amazing 70 years, entitled 'Roll on the Revolution ...'. Several members of the 'Margot Collective' came to Melbourne to launch the book in honour of Margot's 95th birthday. As her son, Martin, pointed out, "Not many people get to publish their first book at 95".



Margot's life demonstrated exceptional strength in pursuing social justice wherever she perceived it to be lacking. She read broadly and studied everything she could access that was relevant to her causes.

She tackled her personal struggle with failing eyesight and hearing, breathing difficulties and pain with strength and imagination, exemplifying how to face the ageing process with courage and tenacity. She died peacefully with her family present on Wednesday, 11 October.

Heather Ambrose

New Courses for 2019

Two new courses are being offered from Term 1 in 2019 that are not in the course brochure:

- **Through the Looking Glass: The Truth inside the Fiction.** Tutor: **Jackie Fritzlaff.**
This course will investigate the daily lives of famous authors, social commentators and historical figures. It will cover three centuries of history, investigating the melting pot of intrigue, social drama and murder that provided the backdrop to many famous figures who today are household names. Wednesdays 12:noon-1:20pm.
- **Scrabble Intermediate.** Tutor: **Geoff Warren.**
An additional scrabble playing option for intermediate level players rounds out the Scrabble program with Beginners, Intermediate and Advanced levels now offered. Fridays 3pm-4:20pm.

Ian Gorman, New Course Coordinator

Celebrating the End of the U3A Manningham Year

Artistic Showcase



Artistic Showcase 2018

Wednesday, 21 NOVEMBER
10am to 3pm
Pines Function Room



uniFEST

uniFEST2018

Thursday, 29 NOVEMBER
12 noon to 3.30pm
Pines Function Room

MAKE A NOTE TO ATTEND THESE FUNCTIONS AT THE END OF TERM 4.

- * U3A members and their friends are welcome.
- * Light refreshments available.

Thank You to Yoga Tutor, Lesley Catt



It is with a huge sense of gratitude that we thank Lesley Catt for tutoring Hatha Yoga for twenty-three years. Lesley commenced teaching three classes back-to-back and only dropped it to two a few years ago.

Lesley was very professional in her approach and, having been a nurse, was very conscious of the individual needs of each class member. Each year, members filled out a medical history sheet so that Lesley could acquaint herself with class members' needs. Lesley is such a gentle and caring person, following up anyone who had health issues or missed classes for any reason.

She organised marvellous yoga days at the end of the year, often having a fascinating speaker.

Every year, Lesley gave each class member a yoga related gift. One year, it was a CD she made of a lesson with meditation and relaxation to be used at home in the holidays. Another time, it would be a soothing heat pack, then a lavender pillow, meditation beads, to list just a few.

I have been with Lesley for fifteen years and know what a wonderful difference yoga has made in my life.

Lesley taught us the benefits of yoga breathing and the health and physical values of each asana that we were practising. We learnt to meditate to clear the mind and bring peace in an otherwise hectic world.

We thank Lesley most sincerely and wish her good health and peaceful days in her retirement.

Wendy Donovan

Celebration Day

Seniors Week was launched by Celebration Day on Sunday, 7 October. Manningham U3A had its usual marquee, complete with decorated display boards, as well as a group of dedicated and enthusiastic members demonstrating their particular artistic and creative talents. The sun shone warm and bright and we engaged with members of the public attracted to our marquee by its colourful presentation.

In attendance, demonstrating wood carving, painting, calligraphy, zentangles, and card-making were **Mary Baldwin, Laurie Bicknell, Sandra Dean, Trudi Dempsey, Alfred Eiden, Chris Rae** and **Sue Vane-Tempest**. **Wil Bajada** contributed an impressive montage of paintings from his Painting with Oils group and **Lyn Colenso** provided a selection of mandalas from her class. **Wendy Donovan** and **Ron McQuade** played a big part in the organisation of the day's activities.



Rod McQuade & Geoff Sheldon



Christine Rae & Trudi Dempsey



Our Line Dancers

In the outdoor performance area, a large group of our line dancers attracted a good crowd of onlookers with their spirited dance routines. Clearly, a lot of practice and rehearsal time had gone into the preparation of their dances under the leadership of **Julie Ong**.

Thank you all for your hard work, for your continued commitment to this annual event, and for giving up your Sunday to ensure the success of U3A Manningham's role in Celebration Day 2018.

Geoff Sheldon

Volunteering

Thank you to all 900+ volunteers who have contributed in a multitude of ways to making U3AM provide such a satisfying experience for all our members.

If you like the task(s) you have done this year, we hope you will continue in 2019. If you would like to change your task, watch for details as they are advertised. Please also make sure you tick the appropriate box(es) when enrolling. In that way, we can contact you when a position becomes available.

**Heather Ambrose,
Volunteer Coordinator**

Office Report

As we approach the end of another year, I wish to thank all the people who volunteer in our office. I appreciate the time you give to help our members with their enquiries.

Special thanks to **Tess Gibbs** who, together with **Ruth Jensz**, spends hours fine-tuning the roster to ensure we can provide the best support to everyone. The office sub-committee members are **Audrey Killey**, **Mike Perry**, **Jan McAuliffe**, **Vicky Curtis**, **Laurine Eames**, **Carole McNamara** and **Myriam Frawley**. Well done team!



2019 Rosters:

- All experienced Level 2 office volunteers are invited to Room 18 between 9am and 1pm every day from 22 November until the end of term to fill in the 2019 roster.
- Level 3 office volunteers are invited to Room 18 between 9am and 1pm every day from 23 November.
- Anyone wishing to volunteer for the office for the first time can come during this time to book into one of our introductory/training classes to be held in January and February. The introductory/training class must be attended before your name can be added to the roster.

Wishing you all a safe and happy holiday season.

Robyn Buttlng, Office Manager

A Word in Your Ear

And the word is: GRAPE - or more interestingly, Grape Street or Grape Lane. Not so unusual, you might think. There are plenty of Grape Streets or similar sounding thoroughfares in America and Australia, countries where growing grapes is commonplace. But if you ever take a trip to England, you will find examples in the unlikeliest of places: London, Cambridge, York, Durham, Whitby. The assumption is that streets often owe their names to the kind of activities that took place there. This has been the practice in England since medieval times. If you want silver, gold or iron, you go to Smith Street; Fish Street and Milk Street are equally informative.

Where I used to live, Nottingham, with a very strong medieval history (you'll have heard of Robin Hood and the infamous Sheriff), the central market square was bounded by Poultry and Beastmarket Hill. However, it's pretty difficult growing grapes in England, especially in the colder northern towns. If you wanted grapes, you would have had to hop over to France. So what is going on here? As so often with language, what you see and hear now is not necessarily what you might have seen and heard centuries ago. Grape Street/Lane is not an exception to the age-old practice of thoroughfares reflecting their function or economic activity.

Once we realise that originally they were Grope Street or Grope Lane, all becomes clear. The economic activity practised here - and tolerated usually by the municipal magistrates - was prostitution. Life in medieval England may have been more colourful but it was certainly shorter than today and left little time for polite social niceties and moral proprieties.

So carry on to Baker Street for your bread, Swinegate for your pork and Tanner Street for your leather goods, but if grapes are on your shopping list, don't go anywhere near Grape Street!

Geoff Sheldon

Has this article piqued your curiosity about words? If so, Geoff is conducting a new class in 2019 on the 'Hidden History of Words'.

2019 – Class Rolls Must be Marked Online

The Manningham MyU3A system has now been operating for three years. Each year, the class reps who needed support to enter attendance online have been offered training. There was no limit to the number of sessions they could attend.

In 2019, tutors are required to appoint class reps who are willing and able to regularly (following each class) mark the attendance online and, when requested by the Enrolment Team, check the online records each week before class to identify if new members can be included.

If a class rep with the necessary skills cannot be found for a class, would the tutor please contact **Kay Hawkins**, the Class Rep Coordinator.

Milly Ching, Curriculum Manager

2018 – Another Year That Was!

U3AM activities are all about participation.

Some are academic, some are jovial or thought-provoking, and some are designed to support other members in their volunteering activities. In 2018, over 450 individual members have fulfilled their volunteering activities with the Catering and Functions Group. These activities are, by themselves, designed to thank other members of U3AM.

Members nominate to supply food, volunteer for kitchen duties to present it at the luncheons whilst others commit to setting up and cleaning up at the functions. To all, our grateful thanks are expressed.

‘Thank You’ luncheons are given to tutors, class reps and office volunteers and to those who monitor and administer the organisation’s programs through the year which are for the benefits of all members.

Together with the above, teams develop the annual art show (Artistic Showcase) and concert (uniFEST2018) where there is only one agenda - to finish the year, enjoy the buffet luncheons and the activities that are presented.

We express our sincere thanks and appreciation to you.

Elaine Campbell, Lorraine Smith, John Caine, Graeme Martin

Participation in Surveys or Trials

From time to time, we receive requests for our members to participate in surveys or trials (usually medical) aimed specifically at our age demographic. Such invitations received from reputable institutions or organisations appear on our website. If any members are interested in participating, it will be their decision to do so. U3A Manningham does not recommend participation but merely advertises the request.

Hawthorn U3A Orchestra - An Invitation and an Opportunity for Music Lovers

Everyone is welcome to attend our last concert for 2018 on Saturday, 17 November at 2.30pm in St. John's Anglican Church, 552 Burke Road, Camberwell.

We will be playing favourites including Schubert's 'Rosamund' Overture, Haydn's Symphony No. 99, Dvorak's Slavonic Dance No. 8 and selections from 'Fiddler on the Roof'.

Hawthorn U3A Orchestra draws players from all over Melbourne and beyond. We present three concerts a year and rehearse on Thursday mornings, mostly fortnightly, in Hawthorn. If you can read music and play an orchestral instrument, particularly stringed, you will be very welcome to join us.



Details of the concert and membership are available in the office and on noticeboards.

Heather Ambrose

'On Yer Bike' – Cycling Website

A group of enthusiastic members of U3A Yarra City's 'On Yer Bike' cycling group has developed a website that showcases Melbourne's extensive network of bike paths. The website currently describes some 39 rides around Melbourne and 10 rides in regional Victoria. The group has been cycling Melbourne's bike paths for the past five years and the website is a compilation of their rides over this time. It is envisaged that more rides and information will be added to the website as these become available.

The website - <https://onyerbike-u3a.org.au> - is designed for use on mobile phones, laptops and tablets.

So all you cycling enthusiasts at U3A Manningham, hop 'on yer bike' and try out these rides.

The Newsletter

Editorial: Jillian Gange, Liew Staras, Frances Langdon;
Website Manager: Kevin Chan; Distribution: Lewis Badge, Angela Burns and Warren Trompf.

Information contained in this newsletter was correct at the time of publication. U3A Manningham makes no guarantee that the information contained in the newsletter is always accurate.



MISSION STATEMENT

Our mission is to provide accessible and affordable educational, cultural, physical and social opportunities appropriate to the needs of retired and semi-retired people.



Calendar of Events

Term 4, 2018 and Term 1, 2019

TERM 4, 2018

Monday, 8 October	TERM 4 commenced (8 weeks)	
Tuesday, 6 November	MELBOURNE CUP HOLIDAY	
Wednesday, 14 November	Payment of 2019 fees commences	
Monday, 19 November	Committee of Management meeting (Rm 8)	1.30pm
Wednesday, 21 November	Artistic Showcase (PFR)	10.00am-3.00pm
Thursday, 29 November	uniFEST 2018 (PFR)	12.00pm-3.30pm
Friday, 30 November	TERM 4 ends	

Class Enrolment Dates for 2019

Priority Level 1	From 21 November (online from 6.30am; in person Rm 18 from 9.00am)
Priority Level 2	From 28 November (online from 6.30am; in person Rm 18 from 9.00am)
Priority Level 3	From 30 November (online from 6.30am; in person Rm 18 from 9.00am)
Priority Level 4	From 3 December (online from 6.30am; in person Rm 18 from 9.00am)
All other existing or new members	From 4 December (online from 6.30am; in person Rm 18 from 9.00am)

Summer School - January

Tuesdays	8, 15, 22, 29
Wednesdays	2, 9, 16, 23
Thursdays	3, 10, 17, 24

TERM 1, 2019

Wednesday, 30 January	Office opens	9.00am
Wednesday, 30 January	Office Training (experienced) Rms 13-14	10.00am - 11.00am
Wednesday, 30 January	Office Training (new) Rms 13-14	11.30am - 12.30pm
Thursday, 31 January	Migrant English Tutors, Rm 14	11.30am - 12.30pm
Thursday, 31 January	Tutors Meeting, PFR	12.00pm - 3.00pm
Friday, 1 February	Orientation Day, Rms 13-14	9.30am - 11.30am
Friday, 1 February	Office Training (experienced) Rms 13-14	12.00pm - 1.00pm
Friday, 1 February	Office Training (new) Rms 13-14	1.30pm - 2.30pm

Monday, 4 February	TERM 1 commences (9 weeks)	
Friday, 15 February	Newsletter Deadline	
Monday, 18 February	Committee of Management meeting, Rm 8	1.30pm
Wednesday, 20 February	Office Training (experienced) Rm 13	3.00pm - 4.00pm
Wednesday, 20 February	Office Training (new) Rm 13	4.15pm - 5.15pm
Thursday, 28 February	Class Representatives Meeting, PFR	1.30pm - 2.30pm
Monday, 11 March	LABOUR DAY HOLIDAY	
Monday, 18 March	Committee of Management meeting, Rm 8	1.30pm
Thursday, 21 March	ANNUAL GENERAL MEETING, PFR	12.15pm - 2.30pm
Friday, 5 April	TERM 1 ends	

(Term Break - 2 weeks)

PFR - Pines Function Room